

ANNUAL REPORT 2003

THE CALIFORNIA WELLNESS FOUNDATION

Annual Report 2003

COVER STORY:

THE TEEN PREGNANCY  
PREVENTION INITIATIVE



The  
California Wellness  
Foundation

*Grantmaking for a Healthier California*

All images and quotes featured throughout this report reflect the diverse populations served by the grantees of The California Wellness Foundation. We thank them all for their participation in the production of our annual report.



# TCWF

## OUR MISSION AND GOALS

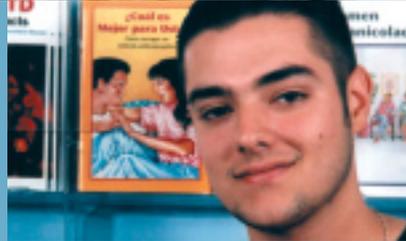
The mission of The California Wellness Foundation is to improve the health of the people of California by making grants for health promotion, wellness education and disease prevention. Guided by our mission, we pursue the following goals through our grantmaking:

- *to address the particular health needs of traditionally underserved populations, including low-income individuals, people of color, youth and residents of rural areas;*
- *to support and strengthen nonprofit organizations that seek to improve the health of underserved populations;*
- *to recognize and encourage leaders who are working to increase health and wellness within their communities; and*
- *to inform the development of public policies that promote wellness and enhance access to preventive health care.*

# annual REPORT 03



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## BOARD CHAIR AND CEO'S MESSAGE



Gary L. Yates, *President and CEO*

Luz A. Vega-Marquis, *Chair*

# 02

02  
03

This has been a challenging year for The California Wellness Foundation (TCWF). After a posted loss of approximately 30 percent in our investment portfolio over the past three years, we reduced our workforce by 25 percent and restructured our departments and staffing. In spite of these major changes, staff has continued to advance our mission of making grants to improve the health of the people of California. During the fiscal year, staff reviewed nearly 1,800 letters of interest and we awarded more than 400 grants totaling nearly \$35 million. In addition, our strategic communications program continued to highlight the work of our grantees through our website, annual report, newsletter and other publications.

We recognize that nonprofit organizations are facing difficult times, given unprecedented state budget deficits, reduced charitable donations, and increased demand because of a stagnant economy and the resulting high unemployment levels. We know our resources can't begin to make up for the loss in government funding, but we remain committed to helping nonprofits "weather the storm" and, more importantly, keeping programs in place for the most needy in our society.

In December 2000, after a two-year strategic planning process, the Board of Directors adopted a new philosophy and approach to grantmaking that represented a significant departure from the initiative model that characterized TCWF's first eight years. Whereas initiatives were designed by Foundation staff and funded by a competitive request-for-proposal process, our new approach emphasizes responding to unsolicited letters of

interest (LOIs) and providing core operating support to nonprofits that work to improve the health of underserved populations in California.

In establishing this new grantmaking program, the board revisited and affirmed the Foundation's mission and established four goals that guide our current work:

- to address the particular health needs of traditionally underserved populations, including low-income individuals, people of color, youth and residents of rural areas;
- to support and strengthen nonprofit organizations that seek to improve the health of underserved populations;
- to recognize and encourage leaders who are working to increase health and wellness within their communities; and
- to inform the development of public policies that promote wellness and enhance access to preventive health care.

Eight health issues were identified for funding: environmental health, diversity in the health professions, healthy aging, mental health, teen pregnancy prevention, women's health, work and health, and violence prevention. In addition, the board continued our special projects funding that allows the Foundation to respond to emerging issues in a timely manner and to fund health issues other than those prioritized. Finally, the Board established five cross-cutting themes to provide integration and coherence across the grantmaking program: underserved populations, sustainability, leadership, public policy and youth.

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The shift from an initiative style to responsive grantmaking marked a dramatic change in the way TCWF does its grantmaking, allowing for greater flexibility and room to evolve different funding strategies and approaches. During the two years of this new approach to our work, we have made more than 900 grants totaling more than \$82 million. Of those grants, 57 percent have been for core operating support. While it is premature to assess the full impact of our new grantmaking approach, the feedback from applicants and grantees has been overwhelmingly positive.

In the spring, we commissioned the National Health Foundation (NHF) to conduct a confidential survey of TCWF grantees and those who were declined funding during 2002. NHF's executive summary of survey results and full final report can be accessed in the What's New section of [www.tcwf.org](http://www.tcwf.org). The survey is part of the Foundation's continuing commitment to improve its grant-making program and ensure that its communications materials and information are useful to applicants.

The Foundation continues to use communications strategically as a common thread to further its work. During the past year, this philosophy was presented in "Reflections On Communications Strategies That Accent Grantees." Our efforts to share what we have learned from our grantmaking, and to highlight the impressive work of grantees, were recognized with two Wilmer Shields Rich Awards from the Council on Foundations and the Communications Network: a gold award in the

special reports category for "Reflections on Public Policy Grantmaking" and a bronze award for the *Portfolio* newsletter. These publications can be accessed on [www.tcwf.org](http://www.tcwf.org) in the Publications section.

## GRANTEE HIGHLIGHTS

While the last two years emphasized a responsive approach to grantmaking, work also continued on three of the Foundation's major, proactive grant-making programs: the Children and Youth Community Health Initiative (CYCHI), the Teen Pregnancy Prevention Initiative (TPPI), and the Violence Prevention Initiative (VPI). The CYCHI and VPI were completed during the past year. Lessons-learned documents on these efforts are available on our website by visiting the Publications section of [www.tcwf.org](http://www.tcwf.org).

Given the current state and local budget crises, the Foundation continued its commitment to support the system of public hospitals, community clinics and health centers that comprises the "safety net" as the primary source of care for the uninsured and underserved in the state of California. The troubled economy and high unemployment rates have resulted in more people turning to the safety net as their only means of accessing health care.

Grants were made to clinic associations that support local safety net providers for a range of activities that included advocating for local government funding for member clinics. One example was a grant to the Coalition of Orange County Community Clinics. This organization was one of the leaders of a successful ballot measure campaign that resulted in

an annual allocation of \$5.7 million to the community clinics in the county. The county has contracted with the coalition to administer the funding.

Funding was provided directly to community clinics, which in many cases supported these organizations while they underwent changes needed to attain status as Federally Qualified Health Centers to obtain substantial federal funds. Funding also went toward the provision of preventive health services for the underserved through clinics and to culture-specific providers such as Centro Binacional Para el Desarrollo Indígena Oaxaqueño, which provides health promotion and disease prevention education and outreach to Oaxacans in Fresno and Madera Counties.

The Foundation's Champions of Health Professions Diversity Award was launched in June as a leadership recognition program honoring three pioneers who have helped increase diversity in the health workforce. The honorees were Linda Burnes Bolton of Los Angeles, Bob Montoya of Sacramento, and Pilar De La Cruz-Reyes of Fresno. Each received a \$25,000 grant in recognition of their work and achievements.

The consequences of pesticide exposure on human health have been central to the work of a number of our grantees: the Californians for Pesticide Reform, the Environmental Defense Center, the Clean Water Fund, and the Los Angeles Safe School Coalition. These organizations are all working to reach a long-term goal of reducing or eliminating the use of hazardous pesticides in the state.

## BOARD CHAIR AND CEO'S MESSAGE

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A TCWF grant helped fund the California dissemination of a World Health Organization (WHO) publication titled "World Report on Violence and Health." Dissemination efforts for this first-of-its-kind publication included an event the Foundation co-sponsored with the *Los Angeles Times* and Town Hall Los Angeles that was held in May. The event was attended by diverse professionals from the worlds of philanthropy, media and violence prevention and featured a presentation by Dr. Etienne Krug of the WHO and a panel of violence prevention practitioners.

We encourage you to review the Selected Grants section for a comprehensive list of the past year's grants. The Grants Index is also included to facilitate searching for grants by an organization's name.

### COVER STORY: THE TEEN PREGNANCY PREVENTION INITIATIVE

Our practice of providing an in-depth report on the work of our grantees continues with this year's annual report cover story. It describes the Foundation's 10-year, \$60 million Teen Pregnancy Prevention Initiative, which was approved by the board in March 1995. The story serves as a progress report of the impressive work done thus far by Foundation-funded organizations.

Although California is known for having some of the most progressive reproductive health policies in the country, it also has alarmingly high rates of teenage pregnancy. In 1992, when the board began exploring the possibility of launching a grantmaking program to address this issue, more than 60,000 teens were giving birth in California. The Foundation's Teen Pregnancy Prevention Initiative directs its grantmaking through four interrelated grantmaking components: the

Research Program, the Public Education and Policy Advocacy Programs, the Community Grants Programs, and the Professional Development and Leadership Recognition Programs.

Now two-thirds of the way through the Initiative, positive changes are evident in the teenage pregnancy prevention arena. Rates of teenage pregnancy have declined in California as a result of a number of factors: the improved economy and employment opportunities of the 1990s; a comprehensive, well-funded state teenage pregnancy prevention effort; public policies that ensure access to reproductive health care for teens; and the effective work of teen-friendly nonprofit organizations like those funded through the Initiative. Today's economic landscape poses major challenges to this work. However, we continue to be impressed and encouraged by the organizations funded through the Initiative as we witness their commitment to make a difference in the prevention of teenage pregnancy. We hope you will find the experiences shared by these grantees informative and useful.

Sincerely,



Luz A. Vega-Marquis  
Chair



Gary L. Yates  
President and CEO



# COVER STORY

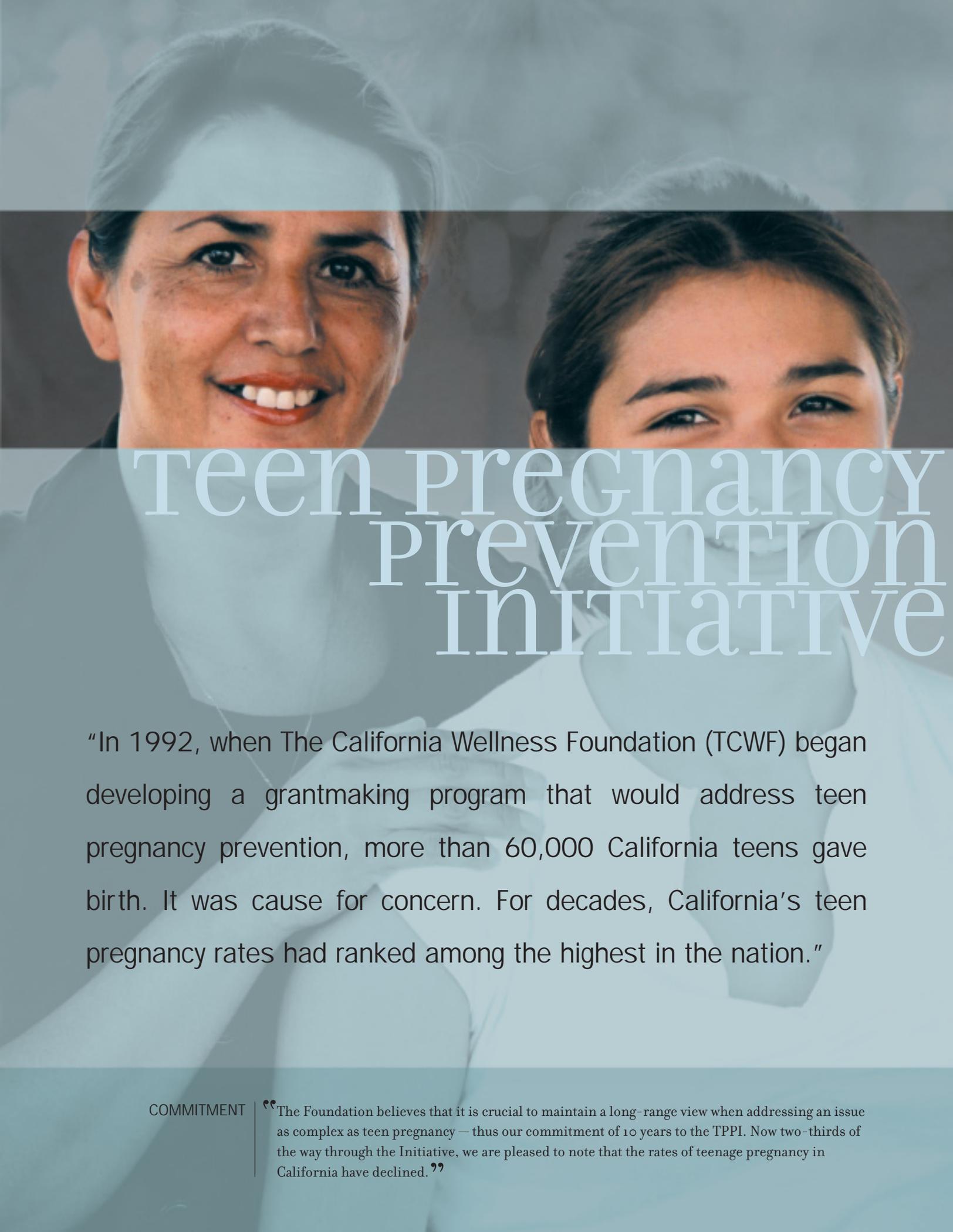
COVER STORY

GRANTS PROGRAM

SELECTED GRANTS

FINANCIAL STATEMENTS





# Teen pregnancy Prevention Initiative

“In 1992, when The California Wellness Foundation (TCWF) began developing a grantmaking program that would address teen pregnancy prevention, more than 60,000 California teens gave birth. It was cause for concern. For decades, California’s teen pregnancy rates had ranked among the highest in the nation.”

#### COMMITMENT

“The Foundation believes that it is crucial to maintain a long-range view when addressing an issue as complex as teen pregnancy — thus our commitment of 10 years to the TPPI. Now two-thirds of the way through the Initiative, we are pleased to note that the rates of teenage pregnancy in California have declined.”

## COVER STORY: THE TEEN PREGNANCY PREVENTION INITIATIVE



### INTRODUCTION

In 1992, when The California Wellness Foundation (TCWF) began developing a grantmaking program that would address teen pregnancy prevention, more than 60,000 California teens gave birth. It was cause for concern. For decades, California's teen pregnancy rates had ranked among the highest in the nation. Also troubling were the serious health consequences associated with teen pregnancy — for example, the greater likelihood that babies born to teen mothers will have lower birthweights and more health problems and hospitalizations than those born to women in their twenties. When the Foundation's board began exploring ways to address the teen pregnancy issue, it identified the need for a focused, long-term commitment of resources.

The Foundation examined a broad range of research, statistics and existing programs. It found that most teen pregnancy prevention efforts tended to focus solely on the roles of youth in preventing teen births. While acknowledging that adolescents must learn to be responsible for their own behavior, the Foundation also found a need for adults to get involved in preventing teen pregnancy. After all, adults are largely responsible for controlling the circumstances that influence the lives of youth — their education, economic conditions and access to health services. And adults usually set the community environment that either encourages or discourages teen pregnancy. The Foundation determined that adults can create a context that supports teens in making responsible choices that will help prevent unintended pregnancies.

With these thoughts in mind, TCWF's board approved a 10-year, \$60 million grantmaking program in March 1995 called the Teen Pregnancy Prevention Initiative (TPPI). The goal of the Initiative is to decrease the incidence of teenage pregnancy by increasing the proportion of teens who delay the initiation of sexual activity and/or effectively use contraception.

The Foundation made grants following competitive application processes within four interrelated grantmaking components: the Research Program, the Public Education and Policy Advocacy Programs, the Community Grants Programs, and the Professional Development and Leadership Recognition Programs. Funding was also given to Philliber Research Associates to evaluate the Initiative and to the Public Health Institute to coordinate logistics and a series of meetings — most notably, a conference that has become an important opportunity for grantees to share accomplishments and lessons learned.

Through the work of the grantees, positive changes are evident in the teen pregnancy prevention arena. Many gaps in knowledge about sexual development and adolescent pregnancy have been filled through published reports that have assisted practitioners and policymakers to design successful programs and set effective policies. Diverse adult and youth advocacy groups have been effective in keeping policymakers and other decisionmakers informed about strategies that prevent teen pregnancy. The "Get Real About Teen Pregnancy" public

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INVOLVEMENT

“While acknowledging that adolescents must learn to be responsible for their own behavior, the Foundation also found a need for adults to get involved in preventing teen pregnancy. After all, adults are largely responsible for controlling the circumstances that influence the lives of youth — their education, economic conditions and access to health services.”





10 education campaign reaches millions of people each year and focuses on increasing public understanding, awareness and support for the concept of healthy adolescent sexuality and the prevention of teen pregnancy. Community grantees are demonstrating that teen pregnancy can be prevented through efforts such as community organizing, building capacity of adolescent health service providers, and the establishment of peer-led teen clinics throughout the state. Thousands of adult youth-service providers have honed their skills in preventing teenage pregnancy through regional trainings, and young leaders in adolescent health promotion have been awarded scholarships to pursue health careers.

The Foundation believes that it is crucial to maintain a long-range view when addressing an issue as complex as teen pregnancy — thus our commitment of 10 years to the TPPI. Now two-thirds of the way through the Initiative, we are pleased to note that the rates of teenage pregnancy in California have declined. This is attributable to a number of factors, including: the improved economy and employment opportunities of the 1990s; a comprehensive, well-funded state teen pregnancy prevention effort; public policies that ensure access to reproductive health care for teens; and the effective work of teen-friendly nonprofit organizations like those grantees funded through the TPPI.

Unfortunately, the current economic recession, historic state budget deficit, and resulting cuts to teen pregnancy

prevention programs present significant challenges for the future of this work. We are encouraged, however, by the determination of the grantees and the creativity they have manifested in their work to reduce teen pregnancies in California. We invite you to read on to learn more about their progress.

#### COMPONENT: THE RESEARCH PROGRAM

The California Wellness Foundation provided **grants for research** to help inform the Initiative's grantmaking activities and to contribute to the body of knowledge in the fields of healthy adolescent sexuality and teen pregnancy. Some researchers gathered new data, while others conducted analyses of existing information or compiled research findings about designing effective teen pregnancy prevention interventions.

Foundation-funded research projects included those that addressed a range of issues related to teen pregnancy prevention. One report, titled "Complex Terrain: Charting A Course of Action To Prevent Adolescent Pregnancy" by UC San Francisco's Center for Reproductive Health Research and Policy, outlined current state policies that impact teen pregnancy and included an analysis of welfare reform and its relationship to teen pregnancy prevention efforts.

"It was our hope that this document would help the Foundation develop a funding strategy that would address the gaping holes in existing efforts — such as the need to include adults and males in prevention efforts," said Principal Investigator Claire Brindis of UC San

Francisco's Center for Reproductive Health Research and Policy. "Now the TPPI has a multipronged approach including policy advocacy and public education, which complements the state's teen pregnancy prevention efforts. TCWF's commitment to policy advocacy is an important part of creating change that is often overlooked."

Another grantee, the Urban Institute, led by Freya Sonenstein, addressed how to successfully involve males in using contraception by developing a guide for program planners titled "Involving Males in Teen Pregnancy Prevention." It describes 24 successful programs for male involvement and summarizes the "myths and facts" about the sexual behavior of male teens. The report received national media attention from *USA Today*, *The Washington Times*, *The Christian Science Monitor*, C-Span and other outlets.

Jeff Gould, M.D., of UC San Francisco's School of Public Health, published a study titled "California Potential Project Areas for Adolescent Pregnancy Prevention Programs," which came to be known as the "Hot Spot Report." The Hot Spot Report was the first document of its kind to provide data on teen birthrates in a highly accessible format with maps and tables specific to region and zip code. Setting a new standard for ease-of-use, the report became an important resource for state and local policy planners to direct prevention efforts to areas with the highest teen birthrates.

The Foundation has worked to put the research findings into a larger framework

of national teen pregnancy prevention efforts to help practitioners, researchers and policymakers design successful programs and set effective policies.

"The Research Program yielded quite a stack of published research articles and monographs that have continued to be utilized long after the grant funding ended," said TPPI Evaluator Susan Philliber, senior partner of Philliber Research Associates.

All of the research work was completed by 2000, and TCWF synthesized the highlights in a document titled "Research You Can Use." The document was designed to serve as a handy, accessible reference. TCWF mailed this document to key audiences and posted it on the Foundation's website. It has since become one of TCWF's most popular online publications.

"Research You Can Use," which features research findings from all of the TPPI's Research Program grantees, can be downloaded free-of-charge from the Publications section of [www.tcwf.org](http://www.tcwf.org).

What is "healthy adolescent sexuality?"

Healthy adolescent sexual development is a critical component of the maturation process for all youth. This concept refers to an adolescent having the information needed to make responsible decisions about sexual behavior, an understanding of sexual development and feelings, an ability to maintain personal boundaries, and an awareness of the possible consequences of his or her decisions.

**COMPONENT: THE PUBLIC EDUCATION AND POLICY ADVOCACY PROGRAMS**

This component focuses on increasing public understanding that, in addition to being an issue of individual responsibility, teen pregnancy is also an adult and societal problem and works to promote awareness of and support for the concept of healthy adolescent sexuality.

In order to influence social and community norms and create a political environment that is supportive of programs and policies that prevent teen pregnancy, the **Public Education**

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COMMUNICATION

“ The Public Education Program creates messages and sends them through a wide range of communication channels to a variety of audiences including policymakers, opinion leaders, the media and the general public. ”





**Program** creates messages and sends them through a wide range of communication channels to a variety of audiences including policymakers, opinion leaders, the media and the general public.

Ogilvy Public Relations Worldwide (Ogilvy) has led the public education efforts with a statewide campaign titled “Get Real About Teen Pregnancy.”

“We really wanted to work on this campaign because we saw an opportunity to put a truly comprehensive message out about teen pregnancy prevention,” said Dawn Wilcox, senior vice president of Ogilvy. “We decided on promoting a few core messages — it’s time to ‘Get Real’ about teen pregnancy and be sure policymakers are hearing the whole story; let’s recognize what is really going on in our communities and understand cultural differences; and know that there is something we can *all* do to prevent teenage pregnancies.”

Ogilvy uses data from market research, surveys, focus groups and community roundtables to inform the content and design of the campaign’s multiple public education strategies. Paid advertisements in major daily newspapers have been used to inform policymakers and the public about issues, including comprehensive sex education in the schools and the need for sexually active teens to be able to access contraception. Ogilvy partnered with the Academy of Television Arts and Sciences to disseminate the campaign’s messages, some of which were featured in shows such as UPN’s “Moesha” and the HBO Family special “Middle School Confessions.” Both TV shows deal with the need for teens to be able to have frank discussions about sex with their parents as an important component in promoting healthy adolescent sexuality and responsible sexual behavior. Screenings and follow-up community events were held in different parts of the state. Ogilvy has also developed a wide range of educational materials for specific audiences such as

policymakers, advocates and parents. All of the materials have been designed to encourage the target audience to take action to prevent teenage pregnancy and have consistently attracted media attention via newspapers, radio and television.

One campaign publication that received a good deal of media coverage is “Voices of California: A Multicultural Perspective on Teen Pregnancy.” This document provides information gleaned from 14 focus groups with Latino, African-American, Thai, Filipino, Hmong, Cambodian and Pacific Islander adults from across the state, and shares related research to provide insight and understanding about how culturally diverse populations view the issue of teenage pregnancy. More than 3.4 million Californians are estimated to have been reached by the media coverage on “Voices of California.” The document has also been distributed by the National Campaign To Prevent Teen Pregnancy and many statewide programs as an educational tool for those examining effective prevention strategies.

In addition to statewide efforts to reach policymakers, opinion leaders and the general public, the “Get Real About Teen Pregnancy” campaign works locally with some of the community-based grantees to help them develop local public education strategies.

“Through all of these different efforts, we want to create a movement of diverse groups contributing to the prevention of teen pregnancy and to realize that when we work together, we can make a difference,” Ogilvy’s Wilcox said.

To learn more about the “Get Real About Teen Pregnancy” public education campaign, visit [www.letsgetreal.org](http://www.letsgetreal.org).

The **Policy Advocacy Program** focuses on advocating for the development and implementation of policies and related institutional changes that prevent teen pregnancy. TCWF has provided grants to organizations across the state that are



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engaged in efforts to inform and advocate for public policies at both the state and local levels.

Hispanas Organized for Political Equity (HOPE) sought to raise awareness and commitment among seasoned community leaders to take on the policy issues of teen pregnancy prevention.

“Working on the issue of teen pregnancy was very powerful — emotional at times — because it affects Latinas so frequently and personally,” said Helen Torres, executive director of HOPE. “The decisionmakers we work with in our leadership institute conducted case studies in their communities to identify factors that are contributing to the teen pregnancy problem. Most identified the need to mandate comprehensive, age-appropriate sex education for kindergarten through 12th grades.”

The California Elected Women’s Association for Education and Research (CEWAER) held trainings and policy roundtables with community members in regions throughout the state to inform the development of a teen pregnancy prevention policy agenda.

“In 2004, we will be presenting a policy document that is based completely on grassroots recommendations,” said Rachel Otte-Michelin, executive director of CEWAER. Some of the community-originated ideas include promoting teens’ access to school-based health services and providing comprehensive sex education with parent training about how to talk to children about sexuality.

An example of an effective public policy effort was the Public Health Institute’s (PHI’s) efforts to reach state legislators at a time when they were grappling with a record-high state budget deficit. PHI released a study titled “No Time for Complacency — Teen Births in California,” which showed that California’s societal costs related to teen births are a staggering \$3.3 billion a year. In its analysis of teen birth costs and trends, the study offered state senators a snapshot of the costs of teen births in their districts. PHI backed up the study with a locally supported, media-oriented communications campaign. The effort paid off. While there were some cuts to teen pregnancy prevention programs, millions of dollars in funding were retained for these efforts — despite the budget crisis.





To download a copy of “No Time for Complacency” free-of-charge, visit <http://teenbirths.phi.org>.

One local effort was led by the youth advocates of the Camp Fire Boys and Girls, Orange County Council, which successfully organized Santa Ana area high school students to convince the school board to reject an “abstinence-only” curriculum because research has shown that these curricula aren’t as effective as those that include information about abstinence *and* contraception.

Emergency contraception (EC) is another reproductive health issue that has been an important focus of several grantees.

“There are a lot of misconceptions about emergency contraception,” said Abi Brown, project manager for Population Services International (PSI). “For instance, many people think emergency contraception is the same as abortion. However, EC is a very safe method of *preventing* pregnancy and the FDA is even considering making emergency contraceptive pills available over-the-counter.”

In January 2002, former California Gov. Davis signed into law a bill that permits pharmacists to provide emergency contraceptive pills to anyone — including adolescents — who comes into a pharmacy, provided the pharmacist has undergone appropriate training and has a signed, collaborative protocol with a physician. In spite of the passing of this

important piece of legislation, PSI has found that there are still barriers that prevent teens from accessing EC. Specifically, PSI discovered that the majority of medical providers do not routinely educate their patients about it. Because of this, PSI developed an educational video and a resource guide for medical providers so that they can be informed about the importance of EC education and access for teens, as well as the latest research and policy changes related to EC. PSI has also provided these materials to more than 2,400 policymakers in the state — including the California Department of Health Services, which has since purchased PSI’s emergency contraception video and distributed it to approximately 2,000 state-funded clinics.

“It is a real victory that the state is supporting efforts to improve teen access to EC in Family PACT clinics because those are the sites where teens most frequently access reproductive health services,” PSI’s Brown said. Family PACT (Planning Access Care and Treatment) is a state-funded program to provide affordable family planning services through community-based clinics.

#### COMPONENT: THE COMMUNITY GRANTS PROGRAMS

This component supports three programs — the **Community Action Program**, the **Community Support Program**, and the **Community Access Program** — that are designed to demonstrate that teen pregnancies and sexually transmitted

diseases can be prevented through community-based efforts to promote healthy adolescent sexuality and effective contraceptive use.

The **Community Action Program** currently includes five grantees that are mobilizing adults and youth to create environments that support healthy adolescent sexuality in communities with high rates of teen pregnancy. The sites engaged in sustained, communitywide interventions are diverse. For example, the Hollywood site, led by Childrens Hospital Los Angeles, and the Richmond site, led by Bay Area Community Resources, operate in neighborhoods of large, urban centers; the Madera site, led by Darin M. Camerana Health Centers, and the Modesto site, led by the California Rural Legal Assistance Foundation, are examples of efforts focused on rural communities; and the Oceanside CAP, led by Vista Community Clinic, targets the town of Oceanside.

These organizations originally received 18-month grants to plan their teen pregnancy prevention strategies. The sites used surveys, assessments and focus groups to gather data and to engage the community’s involvement in their efforts.

“Through the planning process, we learned to do something that was new for us and very powerful — to work with the community as true partners,” said Susan Rabinovitz, associate director of the Division of Adolescent Medicine of Childrens Hospital Los



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Angeles. “We had frank discussions and meetings with youth, adult residents, agencies and schools — and directly involved them in identifying needs and designing strategies for implementation.”

After the planning phase, grantees had the opportunity to implement their projects over two successive grant cycles spanning a 6 1/2-year period. Central to their implementation strategies has been engaging adults and youth in making comprehensive sex education and contraception readily available.

“We’ve trained adult women as community health promoters who have reached thousands of Spanish-speaking parents with a workshop series on healthy sexuality — including adolescent sexuality,” said Director Jena Bauman of the Hollywood Teen Community Project. “And area clinics are implementing feedback from youth who went ‘undercover’ to assess the teen-friendliness and accessibility of reproductive health services. Our next project will be to assess the accessibility of emergency contraception at Hollywood-area pharmacies and to reach pharmacists with information to help them increase accessibility for teens.”

Grantees have been creative about conducting educational outreach, condom distribution and referrals to clinical services in places that attract youth — for example, at recreation centers, ballgames, pizza parlors and at community events such as health fairs. By 2002, teen birthrates had decreased in all five grantee communities, and some communities experienced large increases in teens’ use of family planning services.

Grantee efforts have been enhanced by Cornerstone Consulting Group, which leads technical assistance efforts using a variety of methods that include individualized coaching, group support

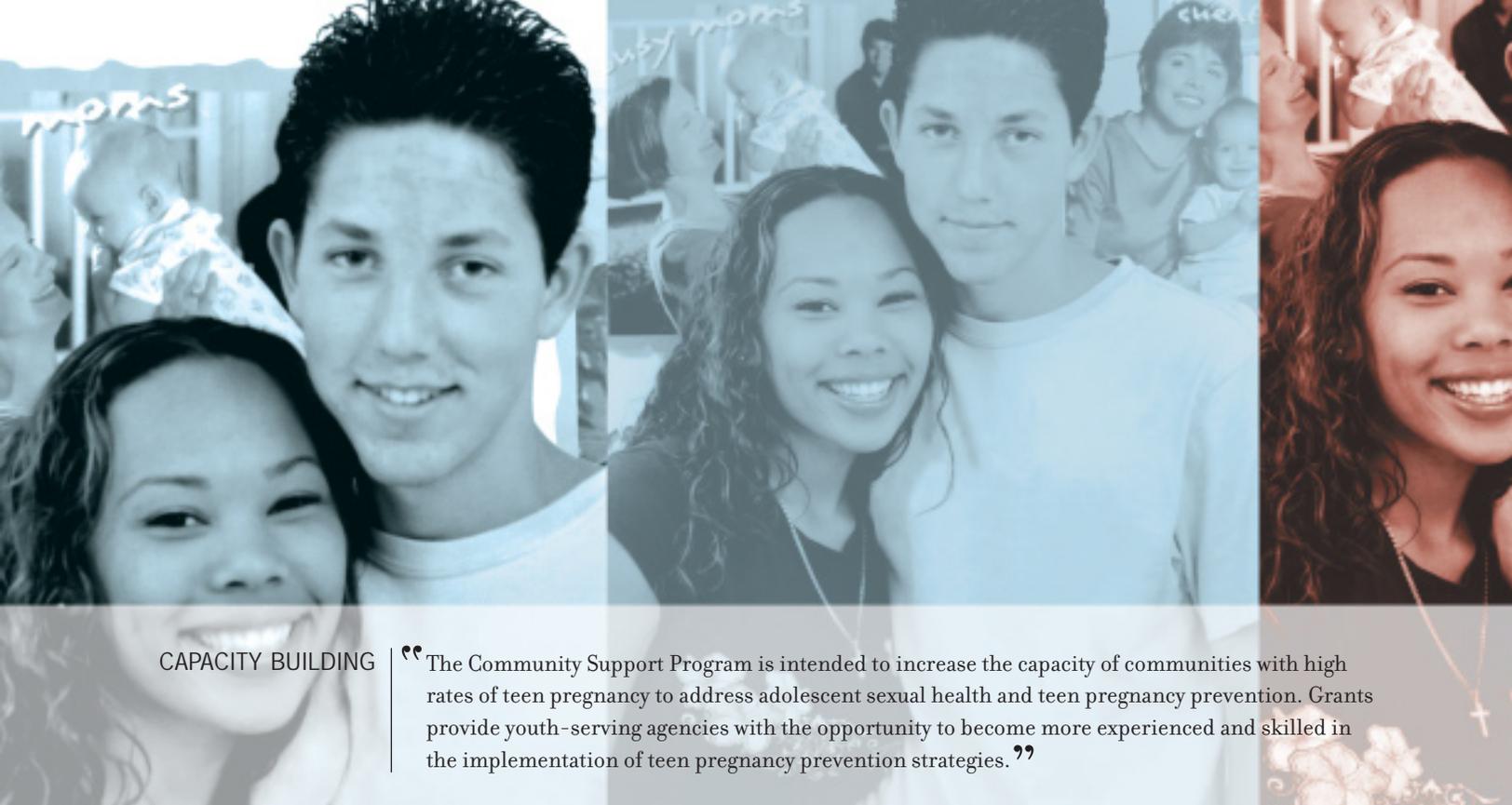
and trainings. Cornerstone’s approach is one that encourages participatory learning, with grantee staff engaging in the identification of issues to be addressed, such as getting sexuality education in schools, improving contraceptive services and engaging in policy advocacy.

“In the beginning, the various sites needed more individualized assistance to implement their plans for community change,” said Sharon Lovick Edwards, founding partner of Cornerstone Consulting Group. “But as they have matured, a number of commonly identified themes have emerged and the sites are now engaging in more peer-to-peer learning.”

The **Community Support Program (CSP)** is intended to increase the capacity of communities with high rates of teen pregnancy to address adolescent sexual health and teen pregnancy prevention. Grants provide youth-serving agencies with the opportunity to become more experienced and skilled in the implementation of teen pregnancy prevention strategies.

Several organizations explored various strategies to facilitate teens’ access to comprehensive sex education and reproductive health services, while other sites pursued these goals by targeting efforts to adults who influence youth. Still others focused on fostering a teen-friendly atmosphere when providing clinical services. Sites took a critical look at their existing services to determine who needed to be involved, or what needed to be added, in order to reduce teen pregnancies. For example, the New Generation Health Center in San Francisco identified the need to engage more male youth in their teen pregnancy prevention efforts.

“Often males are overlooked when dealing with the teen pregnancy problem,” said Valerie Brown, center manager of the



CAPACITY BUILDING

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New Generation Health Center. “We strive to regard it as, simply, a very natural thing to address reproductive health efforts to both sexes.”

The New Generation Health Center’s male involvement program, which has a dedicated male staff, emphasizes peer-to-peer education and outreach as a major focus along with its weekly clinic that is dedicated to serving males ages 12–24.

“My job is to get teens to come in and access our services — so, we do street outreach and go to spots where youth hang out, like recreation centers and youth clubs,” said 19-year-old David Quintanar, a peer educator at New Generation. “We also make educational presentations in our male clinic, in school health classes and at health fairs. We sometimes do surveys and the response has been good.”

New Generations’ peer-to-peer education and outreach aren’t the only services that have received high marks. The organization surveyed clinic clients before and after the male clinic was implemented. After the male clinic opened, client satisfaction went up, not only for male clients but for the female clients as well.

Philliber Research Associates reported that, last year, grantees within the Community Support Program distributed education and outreach materials to more than 100,000 people; involved more than 23,000 in group events (such as providing health education in schools); and provided almost 4,500 family planning visits through teen programs.

“I think it is very important to sit down and have a dialogue about the data results,” said Susan Philliber of Philliber Research Associates. “I am most happy when a program staff member says, ‘Wow, these data really made us think about how we are doing something.’ Sitting down and having a discussion about the data ensures that we all learn something.”

The **Community Access Program** is intended to prevent teen pregnancy by supporting teen clinics using a youth-centered environment and peer educators. A grant to the California Family Health Council (CFHC) supports eight teen clinics in agencies throughout the state using the Peer Provider model. The Peer Provider model was originally developed by the Valley Community Clinic in North Hollywood to establish a clinic-based teen pregnancy prevention program led by teens. An independent evaluation of the program found that it increased male and female use of reproductive health care services, improved birth control and condom use, and reduced pregnancy rates over time.

The CFHC provided the organizations that were interested in opening teen clinics with technical assistance and support to guide them through the process. The sites are currently in the implementation phase. The eight teen clinics are: the Butte County Department of Public Health, EOC Health Services in San Luis Obispo, Family Planning Centers of San Diego, Linda Vista Health Care Center, Planned Parenthood of Orange and San Bernardino Counties, Stanislaus County Health

Services Agency, Valley Community Clinic in North Hollywood, and Vista Community Clinic.

“In addition to the teen clinic, another important part of the model is teen-to-teen grassroots education,” said Maryjane Puffer, director of provider services at CFHC. “Teens are the direct link for other teens to access the health care system.”

The peer provider model has a number of unique characteristics: low- or no-cost health services are provided in a teen-centered environment; dedicated teen telephone lines are answered by the peer provider staff; and, during teen clinic hours, adolescent staff provide direct client services in such areas as health education, lab services, intake and telephone follow-up.

“The teen clinic is very important because there are so many people who feel they can’t talk to their parents about reproductive health issues,” said 17-year-old Sonia Chavez, a peer educator at Vista Community Clinic. “Naturally, teens are able to relate better to other teens. This is a really good program and I think we need more teen clinics throughout the state.”

Evaluation data for 2002 indicate that the eight clinics provided outreach activities to more than 43,000 teens and provided family planning services to almost 16,000.

“Because we took the time to really inform our community about the serious problem of teen pregnancy, we did not experience opposition when we went to

open the teen clinic,” said Barbara Mannino, executive director of Vista Community Clinic.

The UC San Francisco Center for Reproductive Health Research and Policy, in collaboration with CFHC, prepared a guidebook, “A Clinic For Teens By Teens,” for agencies that are interested in opening teen clinics. The book describes the process involved and includes detailed “how-to” information — from sample survey questionnaires to peer provider job descriptions. “The Source: A Peer Provider Handbook” is another CFHC publication that serves as a hands-on manual for teen clinic staff. It includes chapters on such basics as consent and confidentiality — to communication skills, sexuality and birth control methods. These publications can be accessed through the CFHC website at [www.cfhc.org](http://www.cfhc.org).

**COMPONENT: THE PROFESSIONAL DEVELOPMENT AND LEADERSHIP RECOGNITION PROGRAMS**

The **Professional Development and Leadership Recognition** component focuses on increasing knowledge and skills and motivating action among youth-serving professionals to help reduce teen pregnancy and to recognize those who work toward that goal.

The **Professional Development Program** is designed to improve and increase staff development and training opportunities for youth-serving professionals. Research shows that those individuals who interact routinely with young people — teachers, social workers, health care providers, probation officers, gang intervention specialists, guidance counselors and clergy — can act as powerful “ancillary parents” in the lives of youth, particularly those youth who are alienated or estranged from their parents. But the discomfort that most adults experience in discussing reproductive health issues with adolescents and their lack of knowledge about healthy adolescent sexuality impede their ability to seize the opportunities to educate and motivate the youth they work with. These youth-serving professionals rarely have access to the staff development and training opportunities that would enable them to maximize their influence in providing critical information that can inform teens’ attitudes and promote responsible behavior.

TCWF made a grant to the California Family Health Council to develop and implement an interactive training program to

{ CONTINUED }



responsibility



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improve the core competencies of these professionals. The modular training curriculum focuses on what youth-serving professionals need to do to assist teens in making healthy decisions for themselves.

The activity-based interactive workshops help professionals reflect on the developmental issues facing teens. Participants are encouraged to remember their own teenage experiences while they learn how to communicate more effectively with youth around the sensitive issues of teen pregnancy, contraception and sexually transmitted diseases.

“We try to get the participants to think about contributing to the factors that promote resiliency and reduce harm in youth,” said Pam Kitagawa, program manager at CFHC. “For example, that foster kid with the big mouth may be hard to deal with, but that is also probably the kid who can learn to stand up for himself. When we get to a place where we can foster in the youth a sense of power, strength and hope — then we are on the road to preventing teen pregnancy.”

The Professional Development Program has trained more than 1,300 people through 59 training sessions, with a large majority of participants demonstrating increases in knowledge and enhanced skill levels in communicating with teens about sexuality. Participants also receive a handbook that contains both current research on teen pregnancy prevention and a curriculum complete with CD-ROM and overhead transparencies.

The **Leadership Recognition Program** is designed to give public recognition to youth who have demonstrated leadership in promoting healthy adolescent sexuality and teen pregnancy prevention. The Health Professions Education Foundation (HPEF) received a grant to develop and implement the Youth for Adolescent Pregnancy Prevention (YAPP) scholarship program. The YAPP program rewards young leaders for their contributions to teen pregnancy prevention with \$25,000 each in scholarships to pursue careers in health.

When selecting scholarship recipients, several factors are taken into consideration: letters of nomination and recommendation, work experience, community involvement, career goals, family and community background, academic performance and financial need. All of the applicants are required to be between the ages of 16 and 24 and to have worked or volunteered, within the last five years, to promote healthy adolescent sexuality, reproductive health, and positive lifestyle choices among other young people. The awardees use their scholarship funds to attend an accredited college or university in California.

Launched in 2002, a total of 16 YAPP scholarships have thus far been awarded to youth who have been working in essential positions — such as peer educators, family planning counselors or teen outreach workers — in teen pregnancy prevention programs.

“While I consider the YAPP scholarship program to still be in its infancy, it has been a great opportunity for us to target youth who are doing innovative things to outreach to their communities,” said Angela Smith, executive director of HPEF. “These scholarships are an investment in their futures as health professionals.”

For application information about the Youth for Adolescent Pregnancy Prevention scholarship program, please visit the HPEF website at [www.healthprofessions.ca.gov](http://www.healthprofessions.ca.gov).



## THE TEEN PREGNANCY PREVENTION INITIATIVE: GRANTS AWARDED

### RESEARCH PROGRAM GRANTEES

**TOTAL: \$1,770,000**

**The Alan Guttmacher Institute**  
New York, NY  
*\$200,000 over two years*

**California State Library Foundation**  
Sacramento, CA  
*\$14,000 over nine months*

**Center for Health Training**  
Oakland, CA  
*Two grants totaling \$188,000  
over one year and nine months*

**East Valley Community Health Center, Inc.**  
West Covina, CA  
*\$200,000 over one year and six months*

**Education, Training, and  
Research Associates**  
Scotts Valley, CA  
*\$200,000 over one year and six months*

**Philliber Research Associates**  
Accord, NY  
*\$60,000 over six months*

**Public Health Institute**  
Oakland, CA  
*\$200,000 over one year and six months*

**Sexuality Information and Education  
Council of the U.S.**  
New York, NY  
*\$70,000 over one year*

**University of California, Irvine**  
Irvine, CA  
*\$181,000 over one year and six months*

**University of California, Los Angeles,  
School of Public Health**  
Los Angeles, CA  
*\$152,000 over one year and six months*

**University of California, San Francisco**  
San Francisco, CA  
*\$110,000 over one year*

**The Urban Institute**  
Washington, D.C.  
*\$195,000 over nine months*

### PUBLIC EDUCATION AND POLICY ADVOCACY PROGRAMS

**TOTAL: \$19,400,000**

Public Education Program

**Ogilvy Public Relations Worldwide**  
Sacramento, CA  
*Three grants totaling \$12,000,000  
over seven years*

**Public Media Center**  
San Francisco, CA  
*\$3,500,000 over two years*

Policy Advocacy Program

**Advocates for Youth**  
Washington, D.C.  
*Two grants totaling \$300,000  
over four years*

**Asians and Pacific Islanders for  
Reproductive Health**  
Oakland, CA  
*\$150,000 over two years*

**Association of Childrens Services Agencies**  
Los Angeles, CA  
*\$150,000 over two years*

**California Alliance Concerned with  
School-Age Parents, Inc.**  
Sacramento, CA  
*\$150,000 over two years*

**California Center**  
Sacramento, CA  
*Two grants totaling \$300,000  
over four years*

**California Coalition for Youth**  
Sacramento, CA  
*Two grants totaling \$300,000  
over four years*

**California Elected Women's Association  
for Education and Research**  
Sacramento, CA  
*\$150,000 over two years*

**California Family Health Council, Inc.**  
Los Angeles, CA  
*Two grants totaling \$300,000  
over four years*

**California Women's Law Center**  
Los Angeles, CA  
*\$150,000 over two years*

**Camp Fire Boys and Girls –  
Orange County Council**  
Tustin, CA  
*Two grants totaling \$300,000  
over four years*

**Center for Health Improvement, Inc.**  
Sacramento, CA  
*Two grants totaling \$300,000  
over four years*

**Hispanas Organized for Political  
Equality – California**  
Los Angeles, CA  
*\$150,000 over two years*

**Latino Coalition for a Healthy California**  
Sacramento, CA  
*\$150,000 over two years*

**Persephone Productions, Inc.**  
Washington, D.C.  
*Two grants totaling \$300,000  
over four years*

**Population Services International**  
Sacramento, CA  
*\$150,000 over two years*

**Public Health Institute**  
Oakland, CA  
*\$150,000 over two years*



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**Teen Pregnancy Coalition of San Mateo County**

Redwood City, CA  
\$150,000 over two years

**University of California, San Francisco**

San Francisco, CA  
\$150,000 over two years

**Youth Leadership Institute**

San Francisco, CA  
\$150,000 over two years

**COMMUNITY GRANTS PROGRAM**

**TOTAL: \$20,990,000**

**Community Action Program**

**Bay Area Community Resources**

San Rafael, CA  
Three grants totaling \$2,125,000 over eight years

**Childrens Hospital Los Angeles**

Los Angeles, CA  
Three grants totaling \$2,125,000 over eight years

**CRLA Foundation & Center for Human Services**

Sacramento, CA  
Three grants totaling \$2,125,000 over eight years

**Darin M. Camarena Health Centers, Inc.**

Madera, CA  
Three grants totaling \$2,125,000 over eight years

**Drew Child Development Corporation, Inc.**

Los Angeles, CA  
Four grants totaling \$1,090,000 over five years

**Family Service of the Desert, Inc.**

Indio, CA  
(Two grants totaling \$1,225,000 over five years)

**Vista Community Clinic**

Vista, CA  
Three grants totaling \$2,125,000 over eight years

**Community Support Program**

**California State University, Bakersfield**  
Bakersfield, CA  
\$450,000 over three years

**Community Health Corporation**

Riverside, CA  
\$450,000 over three years

**Delta Health Care and Management Services Corporation**

Stockton, CA  
\$450,000 over three years

**El Monte Youth Development Center, Inc.**

El Monte, CA  
\$450,000 over three years

**National Medical Association Comprehensive Health Center, Inc.**

San Diego, CA  
\$450,000 over three years

**New Generation Health Center**

San Francisco, CA  
\$450,000 over three years

**Operation Samahan, Inc.**

National City, CA  
\$450,000 over three years

**Planned Parenthood Los Angeles**

Los Angeles, CA  
\$450,000 over three years

**Planned Parenthood Mar Monte, Inc.**

Salinas, CA  
\$450,000 over three years

**Community Access Program**

**California Family Health Council, Inc.**

Los Angeles, CA  
Two grants totaling \$4,000,000 over four years

**PROFESSIONAL DEVELOPMENT AND LEADERSHIP RECOGNITION PROGRAMS**

**TOTAL: \$3,750,000**

**Professional Development Program**

**California Family Health Council, Inc.**

Los Angeles, CA  
Two grants totaling \$2,000,000 over five years

**National Organization on Adolescent Pregnancy and Parenting, Inc.**

Washington, D.C.  
\$150,000 over three years

**Leadership Recognition Program**

**Health Professions Education Foundation**

Sacramento, CA  
Two grants totaling \$1,600,000 over five years

**LOGISTICS**

**Public Health Institute**

Oakland, CA  
Five grants totaling \$1,945,000 over eight years

**TECHNICAL SUPPORT**

**Cornerstone Consulting Group, Inc.**

Houston, TX  
Four grants totaling \$3,261,000 over eight years and six months

**EVALUATION OF THE INITIATIVE**

**Philliber Research Associates**

Accord, NY  
Two grants totaling \$5,100,000 over six years and three months

**OTHER**

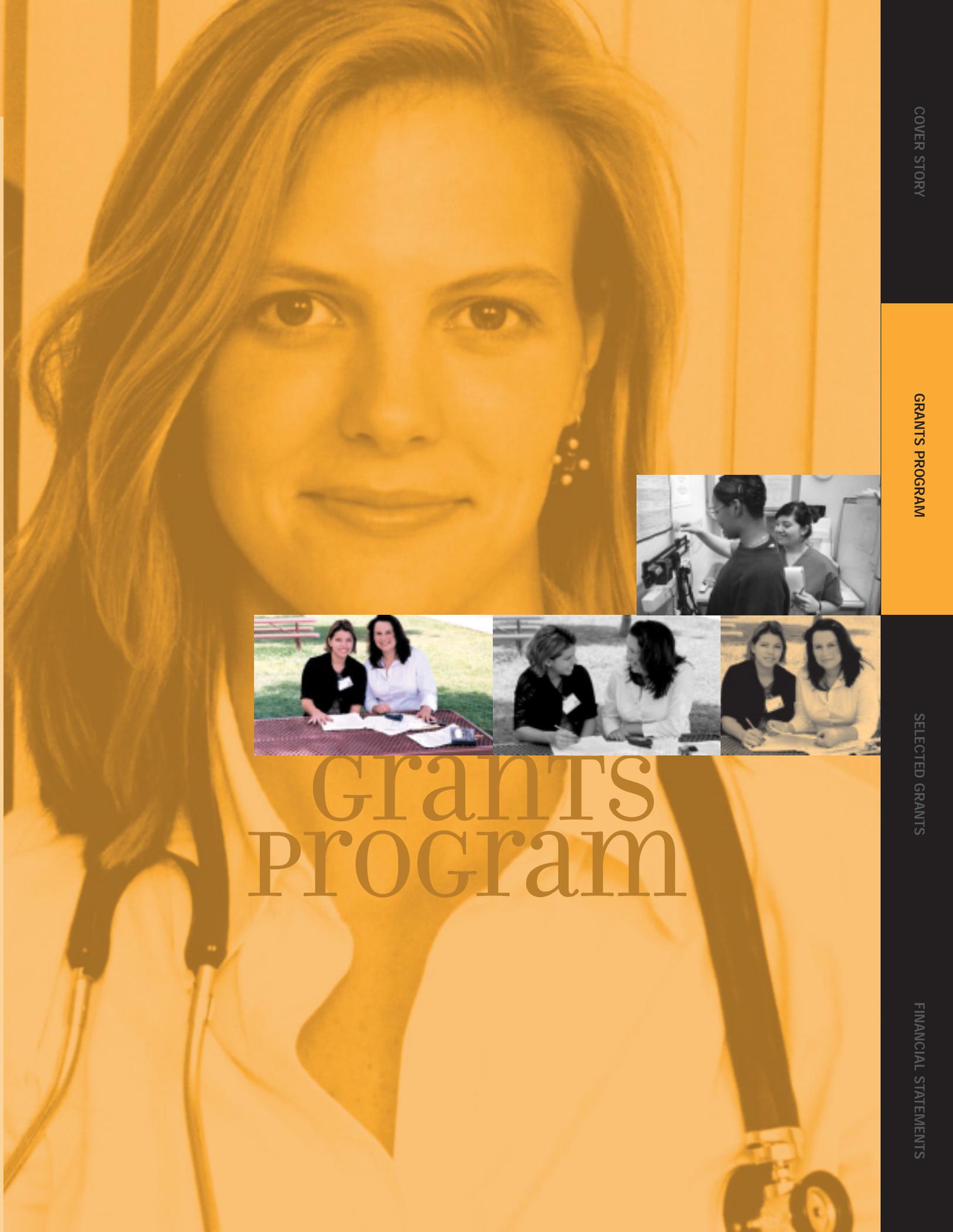
**Population Services International**

Washington, D.C.  
\$200,000 over two years

**INITIATIVE GRANTS GRAND TOTAL:**

**\$56,416,000**

All of the grants listed above support TCWF's mission to improve the health and wellness of the people of California.



# Grants Program



A photograph of two men smiling. The man on the left is wearing a blue denim shirt and has a goatee. The man on the right is wearing a dark red shirt. In the background, there is a corkboard with several papers pinned to it. One paper has the text "e.c.p" and another has "No blame. No blame.".

# Grantmaking

“We encourage requests for core operating support, but requests for project funding are also welcome.”

RESPONSE | “The Foundation prioritizes eight issues for funding and responds to timely issues or special projects outside the funding priorities.”



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The Foundation prioritizes eight issues for funding and responds to timely issues or special projects outside the funding priorities. We encourage requests for core operating support, but requests for project funding are also welcome. Core operating support can be used to help underwrite the regular, ongoing health promotion and disease prevention activities of your organization. Such funds can also be used to strengthen organizational infrastructure through activities such as providing salaries for key administrative staff, covering operating expenses, engaging in strategic planning or facilitating board development.

Each issue is described below. For a list of recent grants, please visit our website at [www.tcdf.org](http://www.tcdf.org) or call the Foundation to request a copy of our newsletter, *Portfolio*.

## DIVERSITY IN THE HEALTH PROFESSIONS

Grants that address the issue of diversity in the health professions are commonly given to organizations that provide pipeline programs, scholarships, mentoring programs, internships and fellowships that support and advance career opportunities for people of color in the health professions, including allied health and public health professions. Organizations that support people of color in the health professions through strategic partnerships, leadership development, continuing education and networking activities are also eligible for funding. In addition, the Foundation funds organizations that educate policymakers about public and institutional policies that promote diversity in the health professions.

## ENVIRONMENTAL HEALTH

Grants that address the issue of environmental health are commonly given to organizations that provide environmental health education and awareness activities, community organizing to promote environmental health, screening and testing for environmental health exposure, leadership development, and partnerships between public health departments and community-based health programs to improve

## GRANTMAKING PROGRAM

environmental health. The Foundation also funds efforts to inform policymakers and advocate for policies that could improve environmental health among underserved populations.

### HEALTHY AGING

Grants that address the issue of healthy aging are commonly given to organizations that provide clinical preventive services, leadership development, recreation programs, food and nutrition services, consumer education, adult immunizations, family caregiving and chronic disease management. Also funded are organizations that support relationships between youth and older adults through activities such as intergenerational volunteering and mentoring. In addition, the Foundation funds agencies that educate policymakers about issues such as prescription drugs, family caregiving, employment, elder abuse and appropriate and affordable housing for the elderly.

### MENTAL HEALTH

Grants that address the issue of mental health are commonly given to organizations that provide primary and secondary prevention services for older teens transitioning to adulthood, with a focus on those in foster care, the juvenile justice system and runaway/homeless youth. Services for other underserved populations, such as homeless adults and immigrants, are funded as well. In addition, the Foundation funds organizations that provide leadership development programs for mental health professionals, increase public awareness of mental health issues and advocate for policies that promote mental health.

### TEENAGE PREGNANCY PREVENTION

Grants that address the issue of teenage pregnancy prevention are commonly given to organizations that provide outreach activities for reproductive health care, comprehensive sexuality education, access to contraception, education and counseling about contraception, comprehensive programs for pregnant teens, peer counseling programs and male involvement programs. An emphasis is placed on funding organizations that

work with high-risk, sexually active, underserved teen populations. The Foundation also provides grants to organizations that provide leadership development activities for reproductive health care workers and to organizations that inform policymakers and opinion leaders about effective policies and programs to prevent teen pregnancy. At this time, no letters of interest addressing this issue will be accepted. For future updates, please visit our website at [www.twcf.org](http://www.twcf.org).

#### VIOLENCE PREVENTION

Grants that address the issue of violence prevention are commonly given to organizations that provide mentoring programs for youth, community-based conflict resolution programs, peer mediation, after-school programs, school-based violence prevention programs and domestic violence prevention among vulnerable groups. Grants are also made to organizations that provide leadership development activities to strengthen the field of violence prevention. In addition, the Foundation funds organizations that inform policymakers and advocate for public policies that increase

resources for programs that prevent violence against youth and that reduce injury and death by firearms.

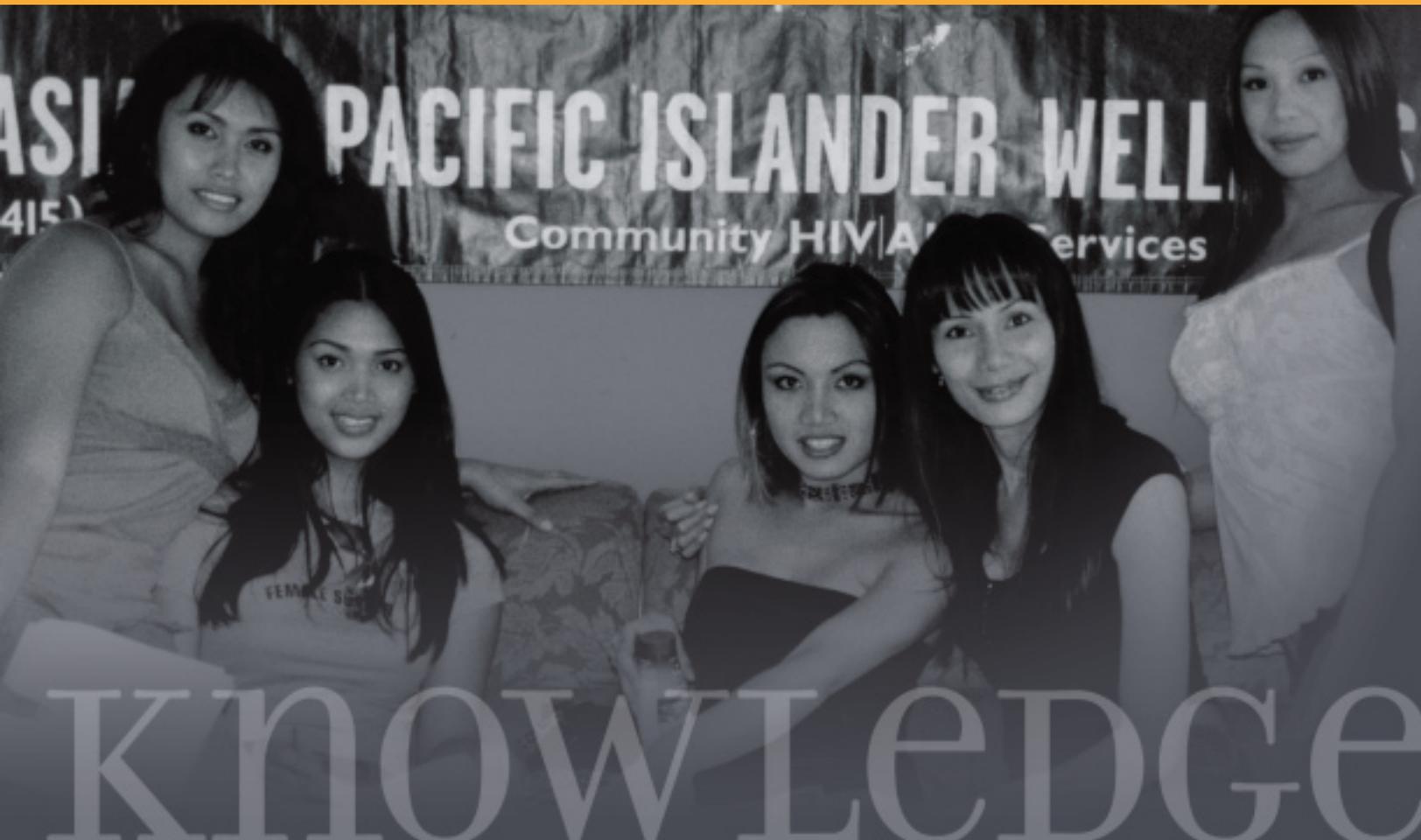
#### WOMEN'S HEALTH

Grants that address the issue of women's health are commonly given to organizations that provide clinical services, screenings, prenatal care, mobile health care, self-help groups, community health education and related services. Priority is given to organizations that create welcoming environments for women and girls in underserved communities. The Foundation also funds organizations that involve women in leadership development, policy advocacy and community mobilization around women's health issues.

#### WORK AND HEALTH

Grants that address the issue of work and health are commonly given to organizations that increase workers' access to preventive health care, help prevent workplace injuries and illnesses and provide worksite health promotion programs. Organizations that provide technology training to help low-

( CONTINUED )





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income youth obtain employment and its corresponding health benefits are also funded. In addition, the Foundation funds organizations that provide leadership development programs focused on the health of workers. Organizations that educate policymakers about the connections between work and health and promote policies that would improve the health of low-income workers are funded as well.

#### SPECIAL PROJECTS

Each year, the Foundation sets aside a pool of dollars to respond in a timely fashion to opportunities that fit our mission but are outside the eight funding priorities. Of particular interest are proposals to help California communities deal effectively with the health impact of the shift of federal responsibilities for health and human services to state and local levels. The Foundation has made grants to support and strengthen safety net providers of preventive care, to help low-income consumers understand and navigate changes in the health care system, and to inform public decision making through policy analysis and advocacy.

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## HOW TO APPLY FOR A GRANT

#### APPLICATION PROCESS

To present The California Wellness Foundation with a grant request, an organization should first write a one- to two- page letter of interest that describes the organization's mission and activities, the region and population(s) served, how the funds will be used and the total funds requested from the Foundation. If requesting project funding, please include project goals, leadership and duration. Your letter will be processed most accurately if you clearly designate the TCWF priority issue through which you want your request considered. No application form is needed, and formal proposals are not accepted at this preliminary stage.

Foundation staff will review letters of interest on an ongoing basis and notify prospective applicants of the results normally within three to four months. Those encouraged to submit a proposal will receive further guidance at that time.

#### ELIGIBILITY CRITERIA

With rare exception, the Foundation funds nonprofit organizations that are exempt under Section 501(c)(3) of the Internal Revenue Code and are deemed as "not a private foundation" under Section 509(a). The Foundation also funds government agencies.

Grants are not generally awarded for annual fund drives, building campaigns, major equipment or biomedical research. Activities that exclusively benefit the members of sectarian or religious organizations are not considered. We do not provide international funding or fund organizations that are located outside the United States.

#### LETTERS OF INTEREST SHOULD BE DIRECTED TO:

Director of Grants Administration  
The California Wellness Foundation  
6320 Canoga Avenue, Suite 1700  
Woodland Hills, CA 91367



# SELECTED Grants



# SELECTED GRANTS



“Given the current state and local budget crises, the Foundation continued its commitment to support the system of public hospitals, community clinics and health centers that comprises the ‘safety net’ as the primary source of care for the uninsured and underserved in the state of California. The troubled economy and high unemployment rates have resulted in more people turning to the safety net as their only means of accessing health care.”

GRANTMAKING

“While it is premature to assess the full impact of our new grantmaking approach, the feedback from applicants and grantees has been overwhelmingly positive.”



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## SELECTED GRANTS 2002-2003

*The Foundation prioritizes eight issues for funding and responds to timely issues or special projects outside the funding priorities. The following grants were made during fiscal year 2002-03. These grants are not necessarily indicative of the grants the Foundation will make in the future. Please see page 28 for current application guidelines or visit our website at [www.tcwf.org](http://www.tcwf.org).*

### DIVERSITY IN THE HEALTH PROFESSIONS

#### Association of Black Women Physicians

Marina del Rey, CA

*\$120,000 over three years*

For core operating support to sustain the provision of mentoring services and scholarships to female African-American medical students.

#### Linda Burnes Bolton

Los Angeles, CA

*\$25,000 over one year*

For the 2003 Champions of Health Professions Diversity Award to recognize and acknowledge this individual who has made substantial contributions to the diversity of California's health professions.

#### California Medical Association Foundation

Sacramento, CA

*\$230,000 over three years*

To strengthen the infrastructure of ethnic physician organizations in California.

#### California Rural Indian Health Board, Inc.

Sacramento, CA

*\$250,000 over three years*

For core operating support to sustain Native American professionals in the health field.

#### California State Rural Health Association

Sacramento, CA

*\$100,000 over two years*

To develop and disseminate a report on the racial and ethnic health workforce in rural California.

#### California State University, Long Beach,

College of Natural Sciences and Mathematics

Long Beach, CA

*\$90,000 over three years*

For core operating support to sustain the provision of outreach and support services to disadvantaged college students pursuing careers in the health professions.

#### Center for Collaborative Planning

Sacramento, CA

*\$110,000 over one year*

To convene grantees that address the issue of diversity in the health professions in order to promote networking and sharing of lessons learned.

#### Center for Educational Achievement

Gardena, CA

*\$100,000 over three years*

For core operating support to increase access to higher education and the health professions for students in Southern California.

#### Children's Hospital Medical Center of

Northern California

Oakland, CA

*\$200,000 over three years*

For core operating support to continue the FACES for the Future: Health Professions Internship Partnership to prepare underrepresented minority students for careers in the health professions.

#### Community Coalition for Substance Abuse

Prevention and Treatment

Los Angeles, CA

*\$150,000 over three years*

To support South Central Youth Empowered Through Action to successfully transition high school students into college and a variety of health professions.

## SELECTED GRANTS

#### Pilar De La Cruz-Reyes

Fresno, CA

*\$25,000 over one year*

For the 2003 Champions of Health Professions Diversity Award to recognize and acknowledge this individual who has made substantial contributions to the diversity of California's health professions.

#### Health Care Council of Orange County

Santa Ana, CA

*\$150,000 over three years*

For core operating support to sustain internships at community clinics through the Minority Nursing Education Support Program.

#### Health Professions Education Foundation

Sacramento, CA

*\$100,000 over two years*

For core operating support to continue to provide scholarships and loan repayments to physician assistants and nurse-practitioner students who will practice in medically underserved areas in California.

#### Inland Empire Scholarship Fund

Colton, CA

*\$100,000 over three years*

For core operating support to continue to provide scholarships to Latino students pursuing health-related degrees in San Bernardino and Riverside Counties.

#### Los Angeles Pediatric Society, Inc.

Inglewood, CA

*\$60,000 over three years*

For core operating support to sustain the Summer Medical Careers Program to encourage high school students to enter the health professions.

#### Los Angeles Trade Technical College

Los Angeles, CA

*\$150,000 over three years*

For core operating support to continue to provide mentoring and scholarships to traditionally underrepresented nursing students in Los Angeles.



**Merced County Department of Workforce Investment**  
Merced, CA

*\$90,000 over three years*  
To increase capacity to recruit and retain a diverse group of nursing students at Merced Community College.

**Robert Montoya**  
Sacramento, CA

*\$25,000 over one year*  
For the 2003 Champions of Health Professions Diversity Award to recognize and acknowledge this individual who has made substantial contributions to the diversity of California's health professions.

**St. Francis Medical Center of Lynwood Foundation**  
Lynwood, CA

*\$100,000 over three years*  
For core operating support to provide scholarships for students pursuing careers in the allied health professions.

**Strategic Concepts in Organizing & Policy Education**  
Los Angeles, CA

*\$100,000 over two years*  
For core operating support for the Community Initiative for Health Care & Jobs, a project to address public policies that will connect underserved communities to careers in the health professions.

**The Tomas Rivera Policy Institute**  
Claremont, CA

*\$100,000 over two years*  
To support a project titled "Increasing Latino Participation in the Nursing Profession: A Statewide Benchmarking Project."

**University of California, Los Angeles, School of Public Health**  
Los Angeles, CA

*\$150,000 over three years*  
To support outreach and scholarships for traditionally underrepresented student populations in public health.

**University of California, Riverside, Division of Biomedical Sciences**  
Riverside, CA

*\$100,000 over three years*  
For core operating support for the FastStart Summer Academy to increase the number of disadvantaged students who aspire to medical and other science-based careers.

**University of Southern California, Keck School of Medicine**  
Los Angeles, CA

*\$175,000 over two years*  
For core operating support to continue to provide scholarships to underrepresented minority students pursuing careers in medicine.

**White Memorial Medical Center Family Practice Residency Program**  
Los Angeles, CA

*\$150,000 over two years*  
To support a residency program to enhance the success of underrepresented minority physicians working in underserved communities.

**ENVIRONMENTAL HEALTH**

**American Lung Association of San Diego and Imperial Counties**  
San Diego, CA

*\$110,000 over three years*  
For core operating support to prevent and reduce the incidence of lung disease due to environmental causes.

**American Lung Association of the Central Coast**  
Monterey, CA

*\$190,000 over three years*  
For core operating support to prevent and reduce the incidence of lung disease due to environmental causes.

**American Lung Association of the Inland Counties**  
San Bernardino, CA

*\$180,000 over three years*  
For core operating support to strengthen efforts to improve lung health by addressing environmental issues.

**Asian Pacific Environmental Network**  
Oakland, CA

*\$200,000 over three years*  
For core operating support to continue to provide environmental health education and develop proactive solutions to community health problems.

**Breast Cancer Action**  
San Francisco, CA

*\$150,000 over three years*  
For core operating support to sustain public policy efforts in California that focus on the link between toxic substances present in the environment and the breast cancer epidemic, as well as the need for greater use of the "precautionary principle."

**California League of Conservation Voters Education Fund**  
Los Angeles, CA

*\$130,000 over three years*  
For core operating support to sustain the promotion of environmental health and justice in California through public awareness programs, policy advocacy campaigns and coalition building.

**Center for Environmental Health**  
Oakland, CA

*\$100,000 over three years*  
For core operating support to sustain public policy efforts that help protect Californians from environmental hazards posing a threat to their health.

**Center on Race, Poverty & the Environment**  
San Francisco, CA

*\$120,000 over three years*  
For core operating support to sustain environmental health efforts in the Central Valley.

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**Clinica de Salud del Valle de Salinas**  
Salinas, CA

*\$180,000 over three years*  
To develop, evaluate and disseminate culturally appropriate environmental health education materials in English and Spanish for use in prenatal care for a low-income, primarily immigrant Latino population in Salinas.

**Coalition for Clean Air**  
Los Angeles, CA

*\$120,000 over three years*  
For core operating support to sustain efforts to promote environmental health by reducing toxic air pollutants throughout California, with a particular focus on highly impacted communities in Southern California.

**Ernesto Galarza Applied Research Center**  
Riverside, CA

*\$190,000 over three years*  
To support a project to engage youth and adult community residents in environmental health research and education.

**Kids Making A Connection, Health and the Environment**  
Chico, CA

*\$70,000 over two years*  
For core operating support to continue to work with elementary school students in developing and disseminating educational books on environmental health issues.

**Latino Issues Forum**  
San Francisco, CA

*\$180,000 over three years*  
For core operating support to sustain and strengthen public policy work on environmental health issues that affect Latinos.

**Literacy for Environmental Justice**  
San Francisco, CA

*\$150,000 over three years*  
For core operating support to sustain the provision of ongoing environmental health education and youth empowerment projects that address the ecological and health concerns of Bayview Hunters Point and other low-income neighborhoods in San Francisco.

**Ma'at Youth Academy**  
Richmond, CA

*\$75,000 over three years*  
For core operating support to sustain ongoing environmental health efforts in Richmond.

**PCL Foundation**  
Sacramento, CA

*\$140,000 over three years*  
For core operating support to sustain environmental work in the Sacramento region on issues including land use, air quality and lead contamination, as a strategy to promote environmental health.

**Pollution Prevention Education & Research Center**  
Los Angeles, CA

*\$120,000 over three years*  
For core operating support to sustain efforts to promote the use of pollution prevention technology in the garment care industry, as a strategy to promote environmental health.

**T.E.A.M. Chapman**  
Chico, CA

*\$150,000 over three years*  
To support efforts to improve environmental health conditions in the community.

**Vanguard Public Foundation**  
San Francisco, CA

*\$190,000 over two years*  
To provide environmental health education through a regranting and technical assistance program targeting environmental health organizations and projects in the Central Valley.

**Western Center on Law and Poverty**  
Los Angeles, CA

*\$150,000 over two years*  
For core operating support for the Lead and Anemia Prevention Alliance, a collaboration of community-based agencies dedicated to preventing childhood lead poisoning.

## SELECTED GRANTS

**Wishtoyo Foundation**  
Oxnard, CA

*\$60,000 over two years*  
For core operating support for environmental health work through the California Coastal Agritoxin Testing Program.

**HEALTHY AGING**

**Alzheimer's Disease and Related Disorders Association of Los Angeles, Riverside & San Bernardino Counties**

Los Angeles, CA  
*\$120,000 over three years*  
For core operating support to continue to provide and promote access to multilingual telephone and outreach resources to families affected by Alzheimer's disease in San Bernardino and Riverside Counties.

**Alzheimer's Disease and Related Disorders Association, San Diego Chapter**  
San Diego, CA

*\$90,000 over three years*  
For core operating support to strengthen and sustain the Volunteer Respite Network program for caregivers of seniors with Alzheimer's disease.

**American Society on Aging**  
San Francisco, CA

*\$100,000 over three years*  
For core operating support to continue the New Ventures in Leadership program, which promotes leadership development for professionals of color working in the field of healthy aging.

**Association of African American Professionals, Inc.**

Los Angeles, CA  
*\$75,000 over three years*  
For core operating support to continue the Elder Care Initiative to improve health care and elder care public policies and the quality of life for African-American seniors in California.



**Behavioral Health Services, Inc.**

Gardena, CA

*\$90,000 over two years*

For core operating support to strengthen and sustain the Promotores de Salud program to provide health information to the older adult Latino population in the South Bay and West Los Angeles areas.

**California Health Advocates**

Sacramento, CA

*\$150,000 over three years*

For core operating support to sustain the provision of Medicare education and advocacy services and to strengthen the infrastructure of the organization.

**California Health and Human Services Agency**

Sacramento, CA

*\$145,000 over three years*

To develop a plan for a coordinated system of long-term care service options for older Californians.

**Caregivers: Volunteers Assisting the Elderly**

Ventura, CA

*\$60,000 over three years*

For core operating support to continue to provide volunteer and case management services for homebound and frail older adults in Ventura County.

**Caring Choices**

Oroville, CA

*\$75,000 over three years*

For core operating support to provide medication management services to promote the health and welfare of low-income, older adult residents in rural Northern California.

**Center for Living and Learning**

Bakersfield, CA

*\$150,000 over three years*

To support the Kern County Aging-In-Place Project, which provides educational programs, forums and workshops on health issues affecting the aging.

**City of Long Beach Department of Health and Human Services**

Long Beach, CA

*\$150,000 over three years*

For core operating support to continue the Senior Links for Independent Living Program, which provides referral and in-home case management for low-income seniors in Long Beach.

**Eastside Neighborhood Center**

San Jose, CA

*\$75,000 over three years*

For core operating support to strengthen and support the Seniors Helping Seniors Wellness Team Program, which provides culturally appropriate health assistance for low-income minority seniors in East San Jose.

**Governor's Office on Service and Volunteerism**

Sacramento, CA

*\$50,000 over two years*

To support the development of an Elder Corps Master Plan of Involvement to promote volunteering and community service, as a strategy to promote mental health and physical well-being.

**Grossmont Hospital Foundation**

La Mesa, CA

*\$100,000 over three years*

For core operating support to strengthen and sustain the Senior Resource Center, which provides community outreach and preventive health services for older adults in east San Diego County.

**Legal Assistance for Seniors Inc.**

Oakland, CA

*\$120,000 over three years*

For core operating support to strengthen and sustain education, counseling and legal services to resolve low-income seniors' legal and health insurance problems in Alameda County.

**Local Economic Assistance, Inc.**

Oakland, CA

*\$100,000 over three years*

For core operating support to sustain the Community Circles of Care/Elders Project, which provides training and support services for caregivers of the elderly in the Bay Area.

**Long Term Care Services of Ventura County, Inc.**

Ventura, CA

*\$75,000 over three years*

For core operating support for the Ombudsman Program, which provides quality of life and care for elderly persons in long-term care facilities throughout Ventura County.

**National Farm Workers Service Center, Inc.**

Keene, CA

*\$120,000 over three years*

For core operating support to sustain health promotion and education programs for retired senior farmworkers and their families.

**The OASIS Institute**

St. Louis, MO

*\$90,000 over three years*

For core operating support to strengthen and sustain HealthStages, a health promotion and disease prevention education program for underserved Latino, African-American and Russian older adults in Los Angeles.

**Palm Springs Stroke Activity Center**

Palm Springs, CA

*\$80,000 over three years*

For core operating support to sustain stroke prevention programs in Riverside and San Bernardino Counties.

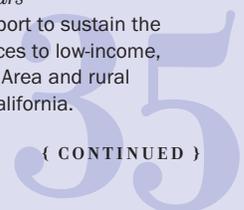
**Prevent Blindness Northern California**

San Francisco, CA

*\$150,000 over three years*

For core operating support to sustain the provision of sight services to low-income, older adults in the Bay Area and rural counties in Northern California.

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# 36

## Real Men Cook for Education

Marina del Rey, CA

*\$180,000 over three years*

For core operating support to sustain the provision of prostate cancer outreach and screening services for men of color, ages 55 and older.

## San Francisco State University, Graduate Gerontology Program

San Francisco, CA

*\$150,000 over three years*

For core operating support to sustain advocacy and leadership development for community-based Geriatric Care Management.

## United Seniors of Oakland & Alameda County

Oakland, CA

*\$90,000 over three years*

To support the Senior Injury Prevention Project, which promotes policy issues, advocacy and outreach for the older adult population.

## Venice Family Clinic

Venice, CA

*\$150,000 over three years*

For core operating support to strengthen the Diabetes Management Program for aging, low-income diabetics living in the communities of Venice, South Santa Monica, Mar Vista, Palms and Culver City.

## Villa Esperanza

Pasadena, CA

*\$60,000 over three years*

For core operating support to continue to provide medical, therapeutic and social services to adults with physical, mental and developmental challenges.

## Watts Labor Community Action Committee

Los Angeles, CA

*\$100,000 over three years*

For core operating support to strengthen and sustain services that provide nutritional, health and social programs to African-American and Latino older adults in South and South Central Los Angeles.

## West County Adult Day Care and Alzheimer's Respite Center

Richmond, CA

*\$60,000 over three years*

For core operating support to sustain the provision of day-care services for low-income patients with Alzheimer's disease and other dementias in West Contra Costa County.

## MENTAL HEALTH

### Addiction Training Center

La Jolla, CA

*\$40,000 over one year*

To support a public education campaign to help counties communicate effectively with the public and stakeholders about data assessing the impact of Proposition 36, which mandates substance abuse treatment for certain nonviolent drug offenders.

### Asian Community Mental Health Board

Oakland, CA

*\$150,000 over three years*

For core operating support to continue to provide mental health services to Asian youth and their families in Alameda and Contra Costa Counties.

### At The Crossroads

San Francisco, CA

*\$100,000 over three years*

For core operating support to sustain the provision of counseling-based street outreach and referral services to homeless youth in San Francisco.

### California Adolescent Health Collaborative

Oakland, CA

*\$200,000 over two years*

To develop a resource network on mental health issues, with a focus on resources for providers working with out-of-home, transition-age youth.

## SELECTED GRANTS

### California Institute for Mental Health

Sacramento, CA

*\$150,000 over three years*

For core operating support to continue to improve the quality of mental health services for the juvenile justice and foster care population in California by disseminating information, offering trainings and providing technical assistance.

### California Social Work Education Center

Berkeley, CA

*\$135,000 over three years*

To develop a model program to help create a culturally competent mental health workforce in California.

### California State Library Foundation

Sacramento, CA

*\$100,000 over two years*

To prepare reports and convene public policy forums on mental health issues affecting high-risk, underserved, transition-age youth in California.

### Clean & Sober

Sacramento, CA

*\$75,000 over three years*

For core operating support to continue to provide mental health and other residential recovery services to homeless and other underserved men and women who are addicted to drugs and alcohol.

### County of San Bernardino Department of Behavioral Health

San Bernardino, CA

*\$125,000 over three years*

For core operating support to continue a case management program for emotionally troubled and substance-abusing youth who are transitioning out of the children's mental health system.

### D-Veal Corporation

Pasadena, CA

*\$110,000 over three years*

For core operating support to provide clinical and case management services to uninsured students in the Pasadena Unified School District.



**Eastern Sierra Family Resource Center**  
 Mammoth Lakes, CA

*\$120,000 over three years*

For core operating support to continue to provide mental health services and case management, parenting education, and child abuse prevention and treatment services to at-risk families in rural Mono County.

**Fight Crime: Invest in Kids**  
 Oakland, CA

*\$95,000 over three years*

For core operating support to educate policymakers about the need to expand access to quality mental health services for high-risk youth.

**Harmonium, Inc.**  
 San Diego, CA

*\$150,000 over three years*

For the Family Guide Project, a program that trains paraprofessional parent partners to help African-American and Latino families navigate the mental health system in San Diego County.

**Los Angeles Child Guidance Clinic**  
 Los Angeles, CA

*\$120,000 over three years*

For core operating support to sustain the Life Learning Program, which provides mental health services for seriously emotionally disturbed youth, ages 15 through 25, in Central and South Central Los Angeles.

**Los Angeles Youth Network**  
 Los Angeles, CA

*\$120,000 over three years*

For core operating support to provide mental health services to runaway and homeless youth in Los Angeles County.

**Mental Health Association of California**  
 Sacramento, CA

*\$300,000 over three years*

For core operating support to sustain grassroots mental health advocacy efforts in Riverside and San Bernardino Counties.

**National Center for Youth Law**  
 Oakland, CA

*\$120,000 over three years*

For a project to improve services and advocacy for California youth with emotional problems who are in the foster care or juvenile justice system.

**North Peninsula Family Alternatives**  
 South San Francisco, CA

*\$105,000 over three years*

For core operating support to continue the Family and Community Connections Program, which provides culturally sensitive counseling to students and their families in three low-income neighborhoods in San Mateo County.

**Operation Safe House, Inc.**  
 Riverside, CA

*\$100,000 over three years*

For core operating support to sustain the provision of mental health services to runaway and homeless youth at a Riverside shelter, as well as to youth, ages 16 to 21, residing at a new transitional living facility.

**Pacific News Service**  
 San Francisco, CA

*\$110,000 over two years*

For core operating support to continue to address the mental health needs of youth who live on the streets of San Francisco.

**Partners for Youth Vision, Inc.**  
 Visalia, CA

*\$150,000 over three years*

To support mental health and substance abuse services to runaway and homeless youth, youth transitioning out of foster care and youth at risk of homelessness.

**Rose City Counseling Center**  
 Pasadena, CA

*\$50,000 over two years*

To provide psychological services to underserved adults in the San Gabriel Valley of Los Angeles County.

**Shasta Community Health Center**  
 Redding, CA

*\$125,000 over three years*

For core operating support to continue to provide child and adolescent psychiatric services integrated with primary care in Northern California.

**Step Up On Second Street, Inc.**  
 Santa Monica, CA

*\$100,000 over three years*

For core operating support to sustain Daniel's Place, a program that offers information, education, referral services and support to youth who are experiencing their first episodes of mental illness.

**TEENAGE PREGNANCY PREVENTION**

**Adolescent Health Working Group**  
 San Francisco, CA

*\$80,000 over two years*

To support the Emergency Contraception and Minor Consent Made Clear project, which conducts outreach and education to youth and health care providers to increase awareness of, and access to, emergency contraception for San Francisco teens.

**American Indian Child Resource Center**  
 Oakland, CA

*\$60,000 over three years*

For core operating support for the 21 Generations program designed to reduce teen pregnancy among urban Native American youth in Alameda County.

**Asian Pacific Health Care Venture Inc.**  
 Los Angeles, CA

*\$70,000 over three years*

For core operating support for teen pregnancy prevention aimed at Asian and Pacific Islander youth in Los Angeles.

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**Boys & Girls Clubs of Southwest County**  
Temecula, CA

*\$50,000 over three years*  
For core operating support to sustain SMART Moves, a teen pregnancy prevention program for youth, ages 6 to 15, in southwest Riverside County.

**California Association for Bilingual Education**  
Covina, CA

*\$30,000 over two years*  
To support dissemination of information about teen pregnancy prevention and provision of healthy adolescent sexuality education to California members.

**California Family Health Council, Inc.**  
Los Angeles, CA

*\$2,000,000 over two years*  
To continue support for the Peer Provider Program, which provides reproductive health services for the prevention of teen pregnancy.

**Center for Adolescent Health Promotion and Disease Prevention**  
Baltimore, MD

*\$100,000 over two years*  
To support the updating of the handbook "Involving Males in Preventing Teen Pregnancy: A Guide for Program Planners" and its dissemination to California-based program planners and community-based organizations.

**Gardena High School Adolescent Clinic**  
Gardena, CA

*\$50,000 over two years*  
To support healthy sexuality education and case management through a school-based clinic.

**Health Professions Education Foundation**  
Sacramento, CA

*\$1,000,000 over three years*  
To continue the Youth for Adolescent Pregnancy Prevention Award Program for the Teen Pregnancy Prevention Initiative.

**Huckleberry Youth Programs, Inc.**  
San Francisco, CA

*\$60,000 over three years*  
For core operating support for the Huckleberry Teen Health Program, which serves youth in San Francisco and Marin Counties.

**New Economics for Women**  
Los Angeles, CA

*\$90,000 over three years*  
To provide core operating support for La Posada, a 60-unit residential family development program serving teen mothers and their children in Los Angeles.

**Organización en California de Lideres Campesinas, Inc.**  
Pomona, CA

*\$100,000 over two years*  
To implement a statewide teen pregnancy prevention program through the Youth Leadership Development Program.

**Public Health Institute**  
Berkeley, CA

*\$170,000 over one year*  
To continue to provide meeting logistics, annual conference planning and advisory committee support for the Teen Pregnancy Prevention Initiative.

**Public Health Institute**  
Berkeley, CA

*\$50,000 over nine months*  
To support a youth track at the Teen Pregnancy Prevention Initiative conference in May 2003.

**Realistic Education in Action Coalition to Foster Health**  
Los Angeles, CA

*\$90,000 over three years*  
For core operating support for the Come Feel Active Girls Initiative, a teen pregnancy prevention health education and leadership development program in Los Angeles.

## SELECTED GRANTS

**Teens With Tots Parenting Program**  
Cupertino, CA

*\$40,000 over three years*  
For core operating support to sustain the Teens With Tots Community Outreach Program.

**West County Health Centers, Inc.**  
Guerneville, CA

*\$80,000 over three years*  
For core operating support for the Community Health Access for Rural Teens program to educate teens in rural western Sonoma County about healthy lifestyle choices and healthy sexuality.

**Youth News Service, Los Angeles Bureau**  
Los Angeles, CA

*\$50,000 over three years*  
For program support for LA Youth to publish an ongoing series of articles on healthy adolescent sexuality.

### VIOLENCE PREVENTION

**Cambodian Community Development, Inc.**  
Oakland, CA

*\$60,000 over three years*  
For core operating support to sustain the provision of violence prevention services for at-risk Cambodian youth in Oakland.

**City of San Diego Office of the City Attorney**  
San Diego, CA

*\$60,000 over three years*  
To conduct strategic planning, convening and evaluation activities to improve implementation of the Family Justice Center, which provides comprehensive domestic violence services.

**Commonweal**  
Bolinas, CA

*\$150,000 over two years*  
To monitor, document and analyze California spending for youth violence prevention programs.



**Community Self-Determination Institute**  
 Los Angeles, CA

*\$75,000 over three years*  
 For core operating support to sustain the provision of violence prevention programs for youth in Watts and surrounding South Los Angeles communities.

**CompassPoint Nonprofit Services**  
 San Francisco, CA

*\$120,000 over one year*  
 To plan, organize and conduct a convening of grantees and others that address the issue of violence prevention.

**CASA for Riverside County Inc.**  
 Indio, CA

*\$78,000 over three years*  
 For core operating support to sustain the provision of mentoring services to abused and neglected youth in Riverside County.

**i.e. communications, LLC**  
 San Francisco, CA

*\$182,000 over one year*  
 To conduct public opinion research, media relations and opinion leader communications to raise public awareness and investment in violence prevention programs for youth statewide.

**Imperial County Office of Education**  
 El Centro, CA

*\$70,000 over three years*  
 For core operating support to continue to provide comprehensive after-school services as a violence prevention strategy for at-risk adolescents at the Niland Family Resource Center.

**Innercity Struggle**  
 Los Angeles, CA

*\$45,000 over three years*  
 To continue to provide community-based violence prevention services for youth in East Los Angeles.

**Marjaree Mason Center, Inc.**  
 Fresno, CA

*\$100,000 over three years*  
 To expand a school-based domestic violence prevention program for youth in rural communities throughout Fresno County.

**The Mentoring Center**  
 Oakland, CA

*\$150,000 over three years*  
 For core operating support to sustain the provision of violence prevention mentoring and support service programs for at-risk and incarcerated youth in Alameda County.

**Mono County Office of Education**  
 Mammoth Lakes, CA

*\$100,000 over three years*  
 For core operating support to sustain the provision of mentoring activities as a violence prevention strategy for at-risk youth in five Mono County communities.

**Joseph Myers**  
 Santa Rosa, CA

*\$25,000 over one year*  
 For the 2002 California Peace Prize Award, which acknowledges the past violence prevention activities of this individual working to address the root causes of violence in his community.

**Paradise Valley Hospital**  
 National City, CA

*\$50,000 over three years*  
 For core operating support to continue the Partners for Prevention coalition, which provides leadership development and advocacy activities to reduce violence against youth in National City.

**Partners for Peace**  
 Salinas, CA

*\$60,000 over three years*  
 For core operating support to sustain the provision of policy advocacy and violence prevention services in Salinas.

**Petaluma People Services Center**  
 Petaluma, CA

*\$75,000 over three years*  
 For core operating support to sustain the continuation of a school-based violence prevention and development program for at-risk youth in Petaluma and surrounding southern Sonoma County communities.

**Physicians for Social Responsibility, Inc.**  
 Los Angeles, CA

*\$100,000 over three years*  
 For core operating support to sustain the provision of firearm violence and prevention education and training for medical professionals.

**Raja Rahim**  
 San Francisco, CA

*\$25,000 over one year*  
 For the 2002 California Peace Prize Award, which acknowledges the past violence prevention activities of this individual working to address the root causes of violence in her community.

**Round Valley Indian Housing Authority**  
 Covelo, CA

*\$100,000 over three years*  
 For core operating support to sustain the provision of Building Horizons, a community-based, after-school violence and substance abuse prevention program.

**Wayne Sakamoto**  
 Temecula, CA

*\$25,000 over one year*  
 For the 2002 California Peace Prize Award, which acknowledges the past violence prevention activities of this individual working to address the root causes of violence in his community.

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## **Tariq Khamisa Foundation**

San Diego, CA

*\$100,000 over three years*

For core operating support to continue to provide school-based youth violence prevention programs for students in the fourth through seventh grades in San Diego County.

## **Youth Alive**

Oakland, CA

*\$80,000 over two years*

To implement Caught in the Crossfire, a peer intervention and case management program for youth with violence-related injuries in South Los Angeles.

## **Youth Radio**

Berkeley, CA

*\$100,000 over three years*

To develop Youth Radio Los Angeles, a media advocacy radio training program for youth, as a violence prevention and development strategy in Southern California.

## **WOMEN'S HEALTH**

### **Body Electric**

Santa Barbara, CA

*\$50,000 over two years*

To support community education, outreach and advocacy on issues relating to physical activity and sports for women and girls in the Santa Barbara area.

### **California Planned Parenthood**

**Education Fund Incorporated**

Sacramento, CA

*\$150,000 over three years*

For core operating support to continue to provide public education and policy advocacy on reproductive health issues affecting women in California.

### **California Primary Care Association**

Sacramento, CA

*\$225,000 over three years*

For core operating support to sustain the statewide California Women's Health Care Partnership, which links community-based organizations and others in a statewide network focused on women's health.

## **California Women's Law Center**

Los Angeles, CA

*\$120,000 over three years*

For core operating support to provide policy advocacy and legal services to promote women's health issues in California.

## **The Center for Community Health and Well-Being, Inc.**

Sacramento, CA

*\$120,000 over three years*

For core operating support to strengthen organizational infrastructure in order to provide health and support services to women in Sacramento.

## **Center for Health Improvement Inc.**

Sacramento, CA

*\$80,000 over two years*

To support a planning project to develop a comprehensive policy framework for women's health in California.

## **The Center for Young Women's Development**

San Francisco, CA

*\$90,000 over three years*

For core operating support to maintain health education, health promotion, leadership development and social support programs for low-income and at-risk young women in San Francisco.

## **Chico Feminist Women's Health Center**

Chico, CA

*\$120,000 over two years*

For core operating support to sustain reproductive health services for women in Sacramento County and surrounding areas.

## **Dunlap Band of Mono Indians Historical Preservation Society**

Fresno, CA

*\$50,000 over two years*

To support the establishment of a nutrition program to reinforce positive food habits and reduce the risk of cancer and other chronic diseases among women and families in the Dunlap Band of Mono Indians.

## SELECTED GRANTS

## **Economic Opportunity Commission of San Luis Obispo County, Inc.**

San Luis Obispo, CA

*\$90,000 over three years*

For core operating support to maintain reproductive health services and to strengthen organizational infrastructure in San Luis Obispo County.

## **Exhale**

Oakland, CA

*\$60,000 over three years*

For core operating support to sustain the provision of an after-abortion counseling and referral hotline for women in California.

## **Family Health Care Network**

Porterville, CA

*\$150,000 over three years*

For core operating support to sustain the provision of direct preventive health care for underserved women in Tulare County.

## **Friends of Vista Hill Foundation**

San Diego, CA

*\$75,000 over three years*

To support reproductive health services to low-income and underserved women in the ParentCare Recovery program in San Diego County.

## **Girls Incorporated of Los Angeles**

Pasadena, CA

*\$75,000 over two years*

To support health education programs for at-risk girls in South Central Los Angeles.

## **Great Beginnings for Black Babies, Inc.**

Inglewood, CA

*\$120,000 over three years*

For core operating support to maintain services to reduce the high incidence of low-birthweight infants and infant and maternal mortality in Los Angeles.



**Health and Human Resource**

**Education Center**

Oakland, CA

*\$50,000 over two years*

To support the creation of alcohol and health awareness education campaigns to improve community health and develop women leaders in Alameda County.

**Homeless Prenatal Program, Inc.**

San Francisco, CA

*\$120,000 over three years*

For core operating support to sustain the provision of perinatal substance abuse services, housing assistance, and other health and support services to homeless women and families in San Francisco.

**La Clinica De La Raza Fruitvale**

**Health Project, Inc.**

Oakland, CA

*\$90,000 over three years*

For core operating support to sustain a perinatal case management program that provides linguistically and culturally appropriate services to pregnant women in the Fruitvale and San Antonio neighborhoods of Oakland.

**Lucile Packard Foundation for Children**

Palo Alto, CA

*\$75,000 over three years*

For core operating support to sustain the provision of preventive, primary and perinatal health care to uninsured women in San Mateo, Santa Clara and Santa Cruz Counties through "Mommy Van," a mobile medical clinic.

**Maternal Outreach Management System**

Santa Ana, CA

*\$120,000 over three years*

For core operating support to provide case management, health education and outreach services to pregnant and parenting women in Orange County.

**National Black Women's Health Project, Inc.**

Washington, D.C.

*\$120,000 over three years*

For core operating support to sustain an interactive website to provide health information to black women in California.

**Network on Women in Prison**

San Francisco, CA

*\$90,000 over three years*

For core operating support to sustain a reproductive health care advocacy program for women prisoners in California.

**North County Health Project, Inc.**

San Marcos, CA

*\$150,000 over three years*

For core operating support to sustain the provision of comprehensive prenatal and perinatal health services to Latinas in northern San Diego County.

**Planned Parenthood of San Diego and Riverside Counties**

San Diego, CA

*\$130,000 over three years*

For core operating support to sustain family planning and women's health services in San Diego and Riverside Counties.

**Positive Opportunities for Women**

**Engaged in Recovery**

Lemon Grove, CA

*\$75,000 over three years*

For core operating support to provide outpatient substance abuse recovery and treatment services to women and families in central, south and eastern San Diego County.

**The Purple Moon Dance Project**

San Francisco, CA

*\$50,000 over two years*

To support an exercise, arts and empowerment workshop program to promote health and well-being among socially marginalized women in the Bay Area.

**Union of Pan Asian Communities**

San Diego, CA

*\$90,000 over three years*

To support culturally appropriate health education and fitness programs for underserved Asian and Pacific Islander women in San Diego.

**Women's Health Rights Coalition**

Oakland, CA

*\$90,000 over three years*

For core operating support to sustain ACCESS, which provides information and referral services on reproductive health for women in Central California.

**YME San Diego**

Escondido, CA

*\$45,000 over three years*

For core operating support to sustain bilingual services and breast health information and resources for Latinas in the San Diego area.

**Young Women's Christian Association**

Riverside, CA

*\$90,000 over three years*

For core operating support to sustain the provision of prenatal and perinatal services for chemically dependent, pregnant women in Riverside County.

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**WORK AND HEALTH**

**American Friends Service Committee**

Pasadena, CA

*\$105,000 over three years*

For core operating support to continue the Ecumenical Migrant Outreach Project in order to promote health and prevent disease among migrant farmworkers in San Diego County by facilitating access to health care and social services.

**California Community Technology**

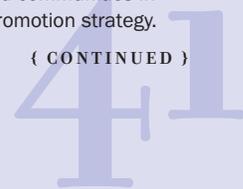
**Policy Group**

Los Angeles, CA

*\$200,000 over three years*

For core operating support to continue policy advocacy efforts to bring technology training resources to underserved communities in California, as a health promotion strategy.

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# 4.2

## **California Council of Churches** Sacramento, CA

*\$100,000 over two years*

For core operating support to sustain the statewide provision of faith-based outreach and advocacy on the barriers to health care facing TANF recipients as they move from public assistance to employment.

## **Central American Resource Center — CARECEN of California**

Los Angeles, CA

*\$90,000 over three years*

For core operating support to sustain the provision of technology training as a strategy to foster healthier futures for at-risk and low-income youth in the Pico Union/Westlake area of Los Angeles.

## **Central Coast Alliance United for a Sustainable Economy**

Ventura, CA

*\$115,000 over two years*

For core operating support to sustain the Work and Health Coverage Access Project, which seeks to expand health coverage for uninsured working families in Ventura County.

## **Community Partners**

Los Angeles, CA

*\$110,000 over one year*

To coordinate a convening of grantees that addresses the issue of work and health to promote networking and sharing of best practices.

## **CRLA Foundation**

Sacramento, CA

*\$170,000 over three years*

For core operating support to sustain improvement of health and working conditions of agricultural workers in California through the Pesticide and Work Safety Project.

## **Grantmakers Concerned With Immigrants and Refugees**

Sebastopol, CA

*\$75,000 over three years*

For core operating support to continue to promote understanding of work and health issues as they affect immigrant and refugee populations in California.

## **High Tech Collaborative**

Oakland, CA

*\$80,000 over two years*

For support to address the workplace health and safety needs of electronics assembly workers in the Silicon Valley.

## **Labor Occupational Health Program**

Berkeley, CA

*\$165,000 over three years*

For core operating support to sustain work to improve health and safety conditions for youth and immigrant workers in California.

## **Labor Occupational Safety and Health Program**

Los Angeles, CA

*\$80,000 over two years*

To support Healthy Communities, Healthy Jobs, a youth empowerment project fostering leadership through peer health and safety education.

## **Los Angeles Alliance for a New Economy**

Los Angeles, CA

*\$160,000 over three years*

For core operating support to sustain the Living Wage Health Project, which promotes access to employment-based health coverage and healthy workplaces for low-income workers in Los Angeles.

## **Manpower Demonstration Research Corporation**

Oakland, CA

*\$75,000 over one year*

To support the publication and dissemination of a report on the effects of welfare reform on participants, households and neighborhoods in Los Angeles County and their access to health care.

## SELECTED GRANTS

## **Organización en California de Lideres Campesinas, Inc.**

Pomona, CA

*\$160,000 over three years*

For core operating support to promote environmental health among farmworker women and girls in rural areas of California by sustaining the provision of pesticide exposure and field sanitation education and leadership training.

## **Pajaro Valley Community Health Trust**

Watsonville, CA

*\$150,000 over three years*

For core operating support for a diabetes education, prevention and chronic disease management program that serves agricultural workers in the Pajaro Valley.

## **Puente a La Salud**

Orange, CA

*\$150,000 over three years*

For support to expand services provided by a mobile health education and service program for farmworkers.

## **Roundhouse Council**

Greenville, CA

*\$105,000 over three years*

For core operating support to sustain technology training and youth development programs for rural and Native American youth in Plumas County in order to enhance employment and health outcomes.

## **San Diego Second Chance Program**

San Diego, CA

*\$150,000 over three years*

For core operating support to sustain Pathways to Success, a professional mental health counseling program that addresses psychological barriers to employment for the homeless and unemployed in San Diego County.

## **Santa Rosa del Valle Incorporated**

Coachella, CA

*\$170,000 over three years*

For core operating support to continue to provide mobile health services to low-income and uninsured agricultural workers in eastern Coachella Valley.



**Sierra CommCare, Inc.**

Ridgecrest, CA

*\$120,000 over three years*

To continue delivery of worksite wellness education programs to underserved workers in the Indian Wells Valley and expand services to low-wage Latino workers in the region.

**Sweatshop Watch**

Oakland, CA

*\$85,000 over two years*

To support research and analysis of global policies and to assess their impact on the short- and long-term health of California's garment workers.

**Union Sin Fronteras**

Coachella, CA

*\$120,000 over two years*

To provide support for the Agriculture Workers Community Health and Environmental Justice Project to train agricultural workers in Riverside and Imperial Counties to increase access to health care services.

**Vista Community Clinic**

Vista, CA

*\$135,000 over three years*

For core operating support to continue the Migrant Services Project, which provides medical case management, preventive health education and transportation services to migrant workers.

**World Institute on Disability**

Oakland, CA

*\$80,000 over two years*

To continue policy advocacy efforts to improve the health of people with disabilities through employment-related approaches.

**SPECIAL PROJECTS**

**Alliance for Rural Community Health**

Ukiah, CA

*\$300,000 over two years*

For core operating support to continue to strengthen infrastructure and support the provision of primary and preventive care services by member clinics.

**American Indian Healing Center**

Whittier, CA

*\$150,000 over three years*

For core operating support to provide primary care medical services to urban Native American communities in Los Angeles and Orange Counties.

**Asian Pacific AIDS Intervention Team**

Los Angeles, CA

*\$95,000 over three years*

For core operating support to sustain HIV/AIDS prevention programs in Los Angeles and Orange Counties.

**Bienestar Human Services, Inc.**

Los Angeles, CA

*\$110,000 over three years*

For core operating support to sustain HIV/AIDS prevention efforts in eight Southern California communities.

**Border Health Initiative**

National City, CA

*\$1,000,000 over three years*

For core operating support to sustain the provision of ongoing services to improve access to health care for underserved communities in the California/Baja California region.

**California Adolescent Nutrition and Fitness Program**

Berkeley, CA

*\$120,000 over three years*

For core operating support to continue to provide culturally appropriate training and technical assistance on healthy eating and physical activity to after-school youth program providers in communities of color.

**California Budget Project**

Sacramento, CA

*\$100,000 over two years*

For core operating support for policy analysis and public education to assess the impact of state fiscal policies on the health and well-being of low- and middle-income Californians.

**California Food Policy Advocates, Inc.**

San Francisco, CA

*\$40,000 over one year*

For support to inform and engage the California media, advocacy groups and community-based organizations in the debate about proposed federal budget cuts to health and welfare programs.

**California Pan-Ethnic Health Network**

Oakland, CA

*\$140,000 over three years*

For core operating support to strengthen infrastructure and continue advocacy efforts to increase access to culturally competent health care for California's communities of color.

**California Project LEAN**

Sacramento, CA

*\$120,000 over three years*

To support "Food on the Run," a fitness and nutrition youth advocacy campaign.

**California State Rural Health Association**

Sacramento, CA

*\$100,000 over two years*

For core operating support to strengthen capacity to educate policymakers and opinion leaders about rural health issues and build a unified voice for rural health.

**Children's Clinic**

Long Beach, CA

*\$120,000 over two years*

For core operating support for the Children's Clinic on Pine - Family and Wellness Center satellite clinic to continue to provide health care for underserved residents in Long Beach.

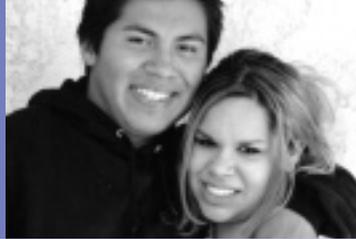
**Clinica Monsignor Oscar A. Romero**

Los Angeles, CA

*\$150,000 over three years*

For core operating support to continue to provide preventive health services to the low-income immigrant communities in the Pico-Union/Westlake areas of Los Angeles.





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## SELECTED GRANTS

### CommuniCare Health Centers

Davis, CA

*\$120,000 over three years*

For core operating support to continue to provide primary medical and dental care, substance abuse treatment and health education services to low-income residents of Yolo County.

### The Community Clinic Consortium of Contra Costa

San Pablo, CA

*\$300,000 over three years*

For core operating support to strengthen the consortium's advocacy capacity and support the provision of preventive care and dental services to low-income residents of Contra Costa County.

### Community Food Security Coalition Inc.

Venice, CA

*\$150,000 over three years*

For core operating support to sustain the California Community Food Security Network in order to foster a cross-linked food, agriculture and health movement in California.

### CompassPoint Nonprofit Services

San Francisco, CA

*\$573,000 over two years*

To develop and manage The California Wellness Foundation Sabbatical Program for executive directors in the nonprofit health sector of California.

### Consumers Union of United States, Inc.

San Francisco, CA

*\$140,000 over two years*

To support the Healthy Kids, Healthy Schools project in order to build the capacity of schools to enroll children in Medi-Cal and Healthy Families.

### Corona-Norco Unified School District

Norco, CA

*\$80,000 over three years*

To support a school-linked outreach program to increase enrollment and utilization of health services by uninsured youth and families in western Riverside County.

### Data Center

Oakland, CA

*\$150,000 over three years*

For core operating support to provide strategic research for three health and wellness campaigns in California.

### The Dental Health Foundation

Oakland, CA

*\$140,000 over three years*

For core operating support to strengthen organizational infrastructure and continue advocacy efforts to increase access to dental care in California.

### The Foundation for Taxpayer and Consumer Rights

Santa Monica, CA

*\$100,000 over two years*

For support to educate the public, opinion leaders and policymakers about the current health care crisis and possible solutions.

### FrameWorks Institute

Washington, DC

*\$75,000 over nine months*

To support the research and development of a communications strategy to support state advocacy efforts to increase access to health care.

### The Gary Center

La Habra, CA

*\$100,000 over three years*

For core operating support to sustain the ongoing provision of dental care and oral health education in Orange and Los Angeles Counties.

### Harm Reduction Coalition

Oakland, CA

*\$95,000 over three years*

For core operating support to sustain statewide HIV/AIDS prevention efforts.

### Health Access Foundation

Oakland, CA

*\$100,000 over two years*

For core operating support to continue public education, organizing and advocacy work to ensure access to quality health care for uninsured and underinsured Californians.

### Hollywood Sunset Free Clinic

Los Angeles, CA

*\$120,000 over three years*

For core operating support to continue to provide free medical services to uninsured, unemployed and low-income families in Los Angeles.

### Insure the Uninsured Project

Santa Monica, CA

*\$140,000 over two years*

For core operating support to continue to identify, develop and promote a wide range of approaches to expand health care and coverage for the uninsured.

### Latino Center for Prevention and Action in Health and Welfare

Santa Ana, CA

*\$120,000 over three years*

For core operating support to strengthen administrative infrastructure and continue to provide health promotion and disease prevention services in Santa Ana.

### Latino Coalition for a Healthy California

Sacramento, CA

*\$100,000 over two years*

For core operating support to strengthen organizational infrastructure and build the capacity of local Latino organizations to enhance health care services.



**Librería Del Pueblo, Inc.**

San Bernardino, CA

*\$300,000 over three years*

To increase access to health care for low-income residents of Imperial, Inyo, Riverside and San Bernardino Counties.

**Los Angeles Immigrant**

**Funders' Collaborative**

Sebastapol, CA

*\$300,000 over three years*

For core operating support to provide health services to immigrant and refugee communities in Los Angeles County.

**Mexican American Alcoholism**

**Program Inc.**

Sacramento, CA

*\$120,000 over three years*

For core operating support to sustain prevention and primary care services in Sacramento County.

**Mid-City Community Clinic**

San Diego, CA

*\$120,000 over three years*

For core operating support to sustain the provision of pediatric health care services to medically underserved children in the Mid-City area of San Diego.

**Miners Community Clinic Inc.**

Nevada City, CA

*\$120,000 over three years*

For core operating support to strengthen organizational infrastructure and to sustain the provision of primary and preventive health services to low-income residents of Nevada County.

**North Coast Clinics Network**

Eureka, CA

*\$300,000 over two years*

For core operating support to strengthen the network's infrastructure and sustain the provision of primary and preventive health services by member clinics.

**Northern California Grantmakers**

San Francisco, CA

*\$100,000 over two years*

For core operating support to strengthen educational programs and services to educate and increase the effectiveness of health grantmakers.

**Northern Sierra Rural Health Network**

Nevada City, CA

*\$300,000 over two years*

For core operating support to strengthen network activities and sustain the provision of primary and preventive health services by member clinics.

**PALS for Health Program**

Los Angeles, CA

*\$200,000 over two years*

To support the creation of a Spanish-language health care interpretation project in Los Angeles County.

**Public Health Institute**

Oakland, CA

*\$37,000 over six months*

To provide logistics support for the 2003 TCWF health advocates retreat.

**Redwood Community Health Coalition**

Santa Rosa, CA

*\$300,000 over two years*

For core operating support to strengthen the consortium's infrastructure and sustain the provision of health services by member clinics.

**Sacramento Hearing Services Center, Inc.**

Sacramento, CA

*\$100,000 over two years*

For core operating support to sustain hearing loss prevention and screening services for low-income individuals in Northern California.

**Santa Barbara Neighborhood Clinics**

Isla Vista, CA

*\$150,000 over three years*

For core operating support to sustain health care services to underserved and low-income residents of Santa Barbara County.

**Santa Clara Family Health Foundation**

Campbell, CA

*\$150,000 over three years*

For core operating support to develop a sustainable health insurance program for uninsured children in Santa Clara County.

**Shasta Consortium of Community**

**Health Centers**

Redding, CA

*\$300,000 over two years*

For core operating support to strengthen the consortium's infrastructure and sustain the provision of primary and preventive health services by member clinics.

**South County Housing**

Gilroy, CA

*\$150,000 over three years*

To provide health screening, health education, information and referral services to residents of South County's housing developments along California's Central Coast.

**T.H.E. Clinic, Inc.**

Los Angeles, CA

*\$150,000 over three years*

For core operating support to provide health care, prevention and early intervention services to improve the health of low-income families in Southwest Los Angeles.



## SELECTED GRANTS

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**Tahoe/Colonial Collaborative  
for Healthy Children**  
Sacramento, CA

*\$100,000 over three years*

For core operating support to provide school- and community-based health and social services to underserved children and families in southeast Sacramento County.

**Thai Community Development Center**  
Los Angeles, CA

*\$155,000 over three years*

For core operating support to sustain health education, prevention awareness and affordable health care in the Thai community of Los Angeles County.

**Valley Care Community Consortium**  
Burbank, CA

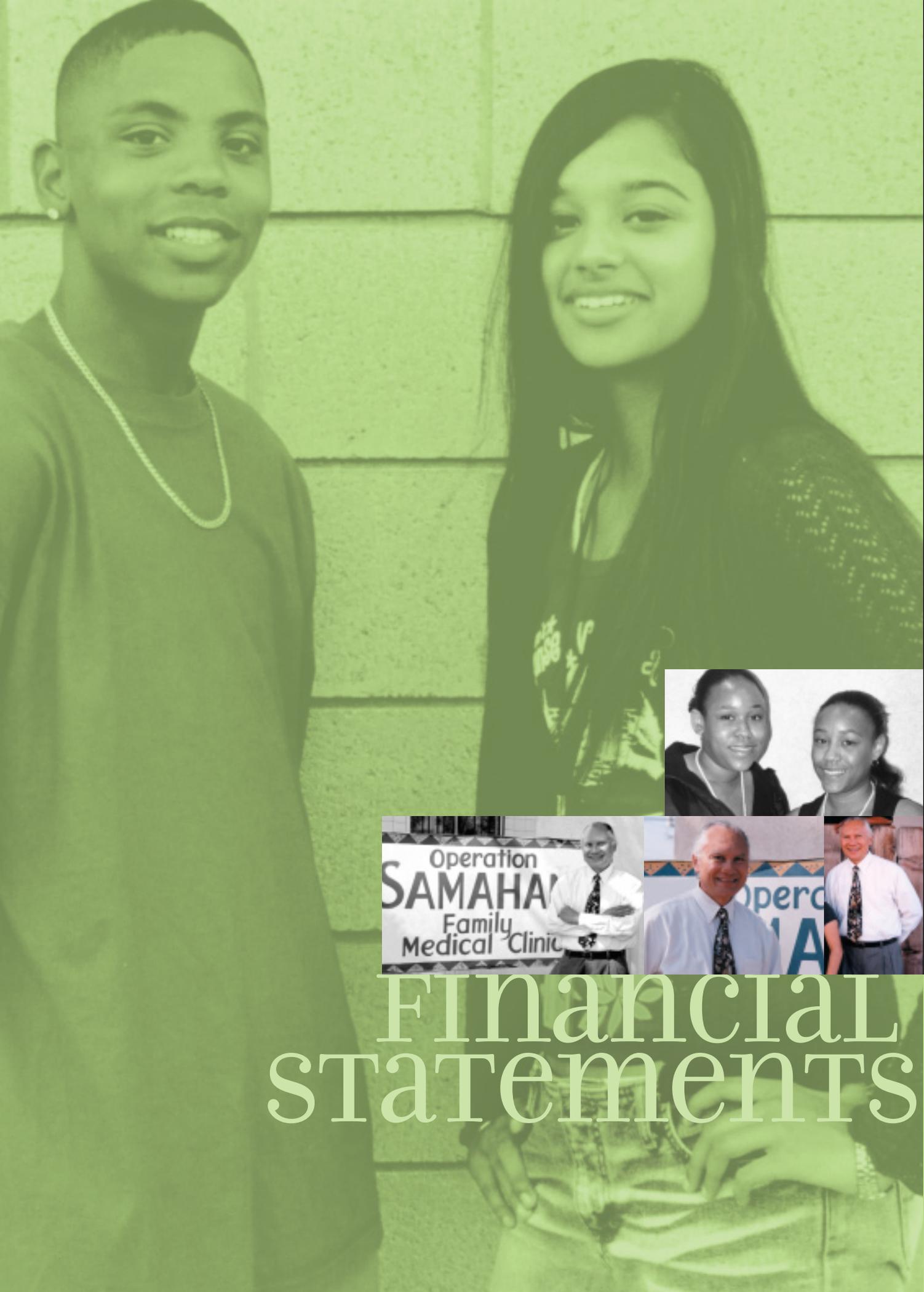
*\$200,000 over three years*

For core operating support to sustain the provision of dental health services to low-income residents of the San Fernando Valley.

**Western Center on Law and Poverty**  
Los Angeles, CA

*\$140,000 over three years*

For core operating support to sustain state and local advocacy efforts to improve low-income Californians' access to health care.



COVER STORY

GRANTS PROGRAM

SELECTED GRANTS



# FINANCIAL STATEMENTS

FINANCIAL STATEMENTS



ANXIETY DISORDERS

YOU DON'T  
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ser un signo del  
bacteria (GSD) y  
reflujo gastro

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bacteria Helicob

A close-up photograph of two young women with dark hair, smiling warmly at the camera. The woman on the left is wearing a dark top, and the woman on the right is wearing a light blue sweater. The background is a textured, reddish-brown wall. The image is partially obscured by a semi-transparent green overlay at the top and bottom.

# FINANCIAL STATEMENTS

“We recognize that nonprofit organizations are facing difficult times, given unprecedented state budget deficits, reduced charitable donations, and increased demand because of a stagnant economy and the resulting high unemployment levels.”

MISSION | “Staff has continued to advance our mission of making grants to improve the health of the people of California.”



## FINANCIAL STATEMENTS

### INDEPENDENT AUDITOR'S REPORT

**THE BOARD OF DIRECTORS  
THE CALIFORNIA WELLNESS FOUNDATION:**

We have audited the accompanying statements of financial position of The California Wellness Foundation (the Foundation) as of June 30, 2003 and 2002 and the related statements of activities and cash flows for the years then ended. These financial statements are the responsibility of the Foundation's management. Our responsibility is to express an opinion on these financial statements based on our audits.

We conducted our audits in accordance with auditing standards generally accepted in the United States of America. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audits provide a reasonable basis for our opinion.

In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of The California Wellness Foundation as of June 30, 2003 and 2002 and the changes in its net assets and its cash flows for the years then ended in conformity with accounting principles generally accepted in the United States of America.

**KPMG LLP**

KPMG LLP  
Los Angeles, California  
August 22, 2003



## STATEMENTS OF FINANCIAL POSITION, JUNE 30, 2003 AND 2002

	2003	2002
<b>ASSETS</b>		
Cash and cash equivalents	\$ 153,007	153,064
Investments (notes 3 and 4)	795,847,693	768,721,875
Investments loaned under securities lending agreement (note 4)	117,894,996	118,386,270
Collateral held under securities lending agreement (note 4)	121,682,112	122,049,005
Interest and dividends receivable	2,077,873	3,512,240
Other assets	88,292	94,192
Property, plant, and equipment, net (note 5)	158,544	227,869
Total assets	<b>\$ 1,037,902,517</b>	<b>1,013,144,515</b>
<b>LIABILITIES AND NET ASSETS</b>		
Accounts payable and accrued expenses	\$ 1,996,878	2,072,803
Investment payable, net	63,977,418	19,609,599
Payable under securities lending agreement (note 4)	121,682,112	122,049,005
Grants payable, net (note 6)	20,482,324	31,010,728
Total liabilities	208,138,732	174,742,135
Commitments and contingencies (note 7)		
Unrestricted net assets	829,763,785	838,402,380
Total liabilities and net assets	<b>\$ 1,037,902,517</b>	<b>1,013,144,515</b>

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See accompanying notes  
to financial statements.

{ CONTINUED }



## FINANCIAL STATEMENTS

### STATEMENTS OF ACTIVITIES, YEARS ENDED JUNE 30, 2003 AND 2002

	2003	2002
Changes in unrestricted net assets:		
Revenue and other gains:		
Net realized and unrealized gain (loss) on investments	\$ 18,366,736	(83,377,935)
Dividends and interest	19,187,614	26,595,681
Other income	67,714	27,079
	37,622,064	(56,755,175)
Expenses:		
Program services:		
Direct charitable	6,609,130	6,924,093
Grants	35,132,492	46,492,341
Other:		
Investment	2,841,996	2,123,282
Management and general	1,551,038	1,589,900
Provision for federal excise tax	126,003	—
	46,260,659	57,129,616
Decrease in unrestricted net assets	(8,638,595)	(113,884,791)
Unrestricted net assets, beginning of year	838,402,380	952,287,171
Unrestricted net assets, end of year	\$ 829,763,785	838,402,380

See accompanying notes  
to financial statements.



## STATEMENTS OF CASH FLOWS, YEARS ENDED JUNE 30, 2003 AND 2002

	2003	2002
Cash flows from operating activities:		
Change in net assets	\$ (8,638,595)	(113,884,791)
Adjustments to reconcile change in net assets to net cash provided by (used in) operating activities:		
Net realized and unrealized (gain) loss on investments	(18,366,736)	83,377,935
Depreciation and amortization	118,009	128,894
Loss (gain) on disposition of property, plant, and equipment	3,546	(925)
Changes in operating assets and liabilities:		
Investment receivable, net	—	311,491
Interest and dividends receivable	1,434,367	3,038,789
Other assets	5,900	10,769
Accounts payable and accrued expenses	(75,925)	199,001
Investment payable, net	44,367,819	19,609,599
Grants payable, net	(10,528,404)	(6,200,075)
Net cash provided by (used in) operating activities	8,319,981	(13,409,313)
Cash flows from investing activities:		
Proceeds from sales of investments	3,000,468,549	2,152,193,090
Purchases of investments	(3,008,736,357)	(2,138,647,757)
Purchases of property, plant, and equipment	(52,230)	(196,518)
Proceeds from sale of property, plant, and equipment	—	2,706
Net cash provided by (used in) investing activities	(8,320,038)	13,351,521
Net decrease in cash and cash equivalents	(57)	(57,792)
Cash and cash equivalents, beginning of year	153,064	210,856
Cash and cash equivalents, end of year	\$ 153,007	153,064

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See accompanying notes  
to financial statements.

{ CONTINUED }



## FINANCIAL STATEMENTS

### NOTES TO FINANCIAL STATEMENTS, JUNE 30, 2003 AND 2002

#### (1) ORGANIZATION

The California Wellness Foundation (the Foundation), a California nonprofit public benefit corporation, was created in September 1990 in anticipation of the conversion of Health Net (a California corporation) from nonprofit to for-profit status. The conversion of Health Net to a business corporation was finalized in February 1992, resulting in a contribution to the Foundation to further its purpose. The contribution consisted of cash, stock, and notes receivable.

The mission of the Foundation is to improve the health of the people of California by making grants for health promotion, wellness education, and disease prevention.

#### (2) SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

(a) *Basis of Presentation*

The accompanying financial statements have been prepared on the accrual basis of accounting.

The Foundation recognizes contributions, including unconditional promises to give, as revenue in the period received. Revenues, gains, expenses, and losses are classified based on the existence or absence of donor-imposed restrictions. As of June 30, 2003 and 2002, all of the Foundation's net assets are unrestricted.

(b) *Cash and Cash Equivalents*

Cash and cash equivalents consist of interest-bearing deposits and highly liquid investments with original maturities of less than 90 days. Cash equivalents are carried at cost, which approximates fair value.

(c) *Investment Securities*

Investments in equity securities with readily determinable fair values and all debt securities are stated at fair value at June 30, 2003 and 2002. Fair value is determined based on quoted market prices. Unrealized appreciation and depreciation on investments is recorded in the statement of activities. Investment sales and purchases are recorded on a trade-date basis, which may result in either a net receivable or net payable on unsettled investment trades at the statement of financial position date. Dividend and interest income is recorded when earned on an accrual basis. Realized gains and losses, recorded upon disposition of investments, are recorded in the period incurred. The cost used in determining the gain or loss from the sale of securities is based on the average cost of the securities involved in the transaction.

Investment manager services are provided by various companies whereby the assets are invested in accordance with the Foundation's investment policy. The Foundation's investments are held by The Northern Trust Company, which serves as the asset custodian and record keeper.

(d) *Property, Plant, and Equipment*

Property, plant, and equipment are recorded at cost and depreciated on a straight-line basis over the estimated useful lives of the respective assets, presently three to five years, or amortized over the term of the respective lease, whichever is shorter.

The Foundation reviews property, plant, and equipment for impairment whenever events or changes in circumstances indicate that the carrying value of property, plant, and equipment may not be recoverable. Recoverability is measured by a comparison of the carrying amount of the asset to future net cash flows, undiscounted and without interest, expected to be generated by the asset. If such asset is considered to be impaired, the impairment to be recognized is measured by the amount



## NOTES TO FINANCIAL STATEMENTS

by which the carrying amount of the asset exceeds the fair value of the asset. During 2003 and 2002, there were no events or changes in circumstances indicating that the carrying amount of the property, plant, and equipment may not be recoverable.

(e) *Derivative Financial Instruments*

In the normal course of business, the Foundation uses various financial instruments, including derivative financial instruments, in an effort to manage exposure to long-term investments. The Foundation's investment managers are permitted, under the terms of individual investment guidelines, to utilize such financial instruments.

Specifically, to manage price and interest rate risk associated with investing activities, the Foundation primarily uses fixed-income futures contracts. These contracts are entered into with the intention to minimize the Foundation's economic exposure to adverse fluctuations in financial or currency markets and to reduce interest rate risk.

All of the Foundation's derivative instruments positions are marked to current value as a change in net assets. Realized gains or losses on fixed-income futures contracts are included in the accompanying financial statements in net realized and unrealized gain (loss) on investments and were not significant to the financial statements taken as a whole for the years ended June 30, 2003 and 2002. The gross fair values of these instruments are included in investments in government and corporate obligations and short-term investments. Management believes the Foundation's use of derivatives does not result in credit or market risk that would materially affect the Foundation's financial position.

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(f) *Grant Expenses*

Grants made by the Foundation to other organizations are recorded as grant expense at their net present value in the period such grants have been approved and authorized by the board of directors. Grants which are expected to be paid in future years are discounted at the appropriate rate commensurate with the risks involved and are recorded at the present value of future cash flows. Grants payable have been discounted using a rate of 5% at June 30, 2003 and 2002, respectively. Amortization of the discount on grants payable is recorded as additional grant expense.

Grants, which are conditional upon a future and uncertain event, are expensed when these conditions are substantially met. There were no conditional grants at June 30, 2003 or 2002.

(g) *Functional Allocation of Expenses*

The costs of providing program services and other activities have been summarized on a functional basis in the accompanying statements of activities. Certain costs have been allocated among the programs and supporting services benefited based on management's estimates.

(h) *Fair Value of Financial Instruments*

The carrying value of the Foundation's financial instruments, not otherwise disclosed herein, is comparable to the fair value due to the short-term nature of these financial instruments.

(i) *Use of Estimates*

The preparation of financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates.



## FINANCIAL STATEMENTS

### NOTES TO FINANCIAL STATEMENTS

#### (3) INVESTMENTS

At June 30, 2003 and 2002, the Foundation's investments, at fair value, consist of the following:

	2003	2002
Short-term investments	\$ 39,927,756	34,154,760
Government and corporate obligations	227,063,658	273,330,683
Equity securities	646,751,275	579,622,702
	\$ 913,742,689	887,108,145
Investments	\$ 795,847,693	768,721,875
Investments loaned under securities lending transactions	117,894,996	118,386,270
	\$ 913,742,689	887,108,145

#### (4) SECURITIES LENDING

The Foundation follows the provisions of Statement of Financial Accounting Standards No. 140, *Accounting for Transfers and Servicing of Financial Assets and Extinguishment of Liabilities*, with regards to its securities lending transactions.

The Foundation participates in securities lending transactions with a third-party investment company whereby the Foundation lends investments in exchange for a premium. Under the terms of its securities lending agreement, the Foundation requires collateral of a value at least equal to 102% of the then fair value of the loaned investments and accrued interest, if any. The Foundation maintains effective control of the loaned investments during the term of the agreement, in that they may be redeemed prior to the agreement's maturity, and upon the maturity of the agreement, the borrower must return the same, or substantially the same, investments that were borrowed. The risks to the Foundation of securities lending transactions are that the borrower may not provide additional collateral when required or return the investments when due. Investments loaned under securities lending transactions totaled \$117,894,996 and \$118,386,270 as of June 30, 2003 and 2002, respectively. As of June 30, 2003 and 2002, cash collateral totaled \$95,350,785 and \$101,518,276, respectively, and noncash collateral, primarily U.S. Government fixed-income obligations, totaled \$26,331,327 and \$20,530,729, respectively. Amounts received as collateral are included in the accompanying statements of financial position along with a payable under securities lending agreement as of June 30, 2003 and 2002.

#### (5) PROPERTY, PLANT, AND EQUIPMENT

At June 30, 2003 and 2002, property, plant, and equipment consist of the following:

	2003	2002
Furniture and equipment	\$ 1,342,152	1,357,192
Leasehold improvements	249,949	249,949
Automobiles	35,119	35,119
	1,627,220	1,642,260
Less accumulated depreciation and amortization	(1,468,676)	(1,414,391)
	158,544	227,869

Depreciation expense for the years ended June 30, 2003 and 2002 totaled \$118,009 and \$128,894, respectively.



## NOTES TO FINANCIAL STATEMENTS

### (6) GRANTS PAYABLE

Grants payable consists of approved grant commitments that are expected to be paid in the following fiscal years ending June 30:

<b>2004</b>	\$ 15,604,167
<b>2005</b>	4,963,335
<b>2006</b>	166,666
	20,734,168
Less discount to reflect grants payable at present value	(251,844)
Net grants payable	<u>\$ 20,482,324</u>

### (7) COMMITMENTS AND CONTINGENCIES

#### (a) Lease Commitments

The Foundation leases its office facilities under operating leases which expire in 2006. These leases provide options to renew and for payments of property taxes, insurance, and maintenance expenses. The Foundation also leases office equipment under a lease that expires in 2006. The following is a schedule by year of minimum future rental payments related to these leases as of June 30, 2003:

Year ending June 30:

<b>2004</b>	\$ 834,751
<b>2005</b>	849,965
<b>2006</b>	644,999
Total	<u>\$ 2,329,715</u>

Rent expense totaled \$803,031 and \$795,742 for the years ended June 30, 2003 and 2002, respectively.

#### (b) Legal Matters

In the ordinary course of business, the Foundation is subject to certain lawsuits and other potential legal actions. In the opinion of management, such matters will not have a material effect on the financial position of the Foundation.

### (8) FEDERAL EXCISE TAXES

The Foundation has been classified as a private foundation, which is exempt from federal income taxes under Section 501(c)(3) of the Internal Revenue Code. The Foundation is subject to federal excise taxes on investment income, imposed at the rate of 2% on the net investment income of a private foundation. The excise tax may be reduced to 1% based on a formula provided under the Internal Revenue Code. During each of the years ended June 30, 2003 and 2002, the Foundation paid excise taxes at the rate of 1%. The Foundation made cash payments of \$105,000 for excise tax during the year ended June 30, 2003 and no such payment during the year ended June 30, 2002.

The provision for excise tax related to unrealized appreciation on investments is reflected as a liability until the related investment is sold or there is a change in the valuation of such investment. There was no liability for deferred excise taxes at June 30, 2003 and 2002.



## FINANCIAL STATEMENTS

### NOTES TO FINANCIAL STATEMENTS

#### (9) TAX-DEFERRED RETIREMENT PLAN

The Foundation sponsors a 401(k) plan for Foundation employees. Under the provisions of the plan, participating employees may make voluntary contributions through salary deductions up to the maximum amount allowed by law. The Foundation has contributed an amount equal to 12% of all eligible employee compensation and has matched eligible employee contributions up to 4% of compensation. Foundation contributions and expenses related to the plan totaled \$493,811 and \$487,946 for 2003 and 2002, respectively.

#### (10) SUPPLEMENTAL RETIREMENT PLAN AND POSTRETIREMENT BENEFITS

Liabilities related to the defined benefit retirement plans and post-retirement benefits of the Foundation are accrued based on various assumptions and discount rates, as described below. The actuarial assumptions used could change in the near term as a result of changes in expected future trends and other factors which, depending on the nature of the changes, could cause increases or decreases in the liabilities recorded.

The Foundation has a defined benefit retirement plan (Supplemental Executive Retirement Plan) covering a group of highly compensated employees. The benefits are based on years of service and a percentage of the employee's average compensation during their employment. In addition to the defined benefit retirement plan, the Foundation established, as of January 1, 2002, a supplemental retirement health care plan for employees that have completed 10 years of service to the Foundation and attained the age of 55.

In June 2003, the board of directors of the Foundation elected to terminate the supplemental retirement health care plan. At June 30, 2003 there were no participants in the plan and amounts accrued totaling \$340,737 have been removed from the accompanying financial statements as of June 30, 2003.

The funded status of the defined benefit retirement plan as of June 30, 2003 and 2002 and the supplemental retirement health care plan as of June 30, 2002 are as follows:

	Defined benefit		Supplemental retirement health care	
	2003	2002	2003	2002
Funded status:				
Benefit obligation at June 30	\$ (426,817)	(267,374)	—	(872,659)
Fair value of plan assets at June 30	—	—	—	—
Funded status	\$ (426,817)	(267,374)	—	(872,659)
Accrued benefit cost included in the statements of financial position	\$ (474,537)	(390,905)	—	(340,737)
Weighted average assumptions as of June 30:				
Discount rate	6.00%	7.50%	—	7.50%
Rate of compensation increase	4.00%	4.00%	N/A	N/A

## NOTES TO FINANCIAL STATEMENTS

For measurement purposes, an 8% annual rate of increase in the per capita cost of covered health care benefits was assumed for 2002. The rate was assumed to decrease gradually to 4.5% for 2010 and remain at that level thereafter.

	Defined benefit		Supplemental retirement health care	
	2003	2002	2003	2002
Change in benefit obligation:				
Service cost	\$ 58,084	79,332	—	124,873
Interest cost	28,367	32,334	—	52,171
Amortization of prior service	7,131	16,044	—	53,730
Amortization of gain	(9,950)	(9,950)	—	—
Benefits paid	—	—	—	—
Net pension cost	\$ 83,632	117,760	—	230,774

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An eligible participant in the defined benefit plan terminated employment as of June 30, 2002 and is no longer eligible for benefits under the plan. As a result, the related liability for this participant totaling \$124,452 was reversed in the fiscal year ended June 30, 2002.

### (11) EXECUTIVE SAVINGS PLAN

The Foundation maintains a qualified 457(f) Executive Savings Plan (ESP), which permits a select group of highly compensated employees to make voluntary contributions on a pretax basis. The plan was amended as of January 1, 1999 concurrent with the establishment of the Supplemental Executive Retirement Plan (SERP) (see note 10). Employer contributions made to the ESP plan were used to partially fund the initial accrual for the SERP plan. Employee contributions made remain in the ESP plan. A participant's interest in the plan shall become fully vested and nonforfeitable only upon the earlier of (1) the participant's normal retirement date, disability, or death or (2) the involuntary termination of employment with the Foundation (other than for cause). If a participant voluntarily terminates employment with the Foundation before one of the events described above, all accrued benefits in the plan would be forfeited. As of June 30, 2003, there is one participant in the plan. The liability related to the ESP plan totals \$47,660 and \$47,280 at June 30, 2003 and 2002, respectively, and is included in accounts payable and accrued expenses in the accompanying financial statements.



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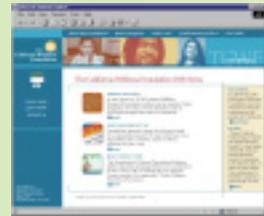
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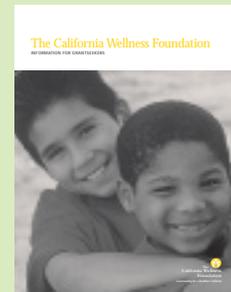
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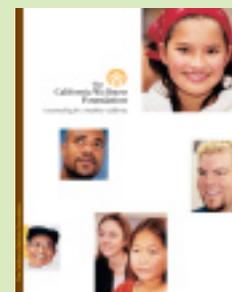
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